

THE
POSIE
OF

Godly PRAYERS,

Fit for every Christian to use.

Containing only Prayers of
Repentance, Remission of Sins,
and Thanksgiving, with an excellent
Exhortation to forsake the World :
and a Perswasion not to
fear Death.

Made and collected by *Nicholas
Themylthorpe Esq;* one of the Queens
Majesties Gentlemen Sewers.

Now newly amended and enlarged by
thesame Author, and the four and
thirry time Imprinted.

Vigilate & Orate.

Printed at London by G. Dawson
for Richard Thrale, at Pauls gate
at the sign of the Cross-keys.

1659.

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To the most High
and Mighty Princess, *Anne,*
Queen of *England, Scot-*
land, France and Ireland.

K Nowing that zealous
prayer and supplication
to God, is the Soules effectua-
l conference with God
most prevalent for the re-
mission of sins; and the prin-
cipal means, to reach, and
give from God to us all gra-
ces and benefits for our Souls
and bodies in this life tempo-
ral, and in the World eter-
nal: and because I find no

A 2 Prayer-

The Epistle

Prayer-book composed onely of Prayer and Thanksgiving, therefore to avoid the trouble of reading many, the number of keeping many, and most of all the burthen of bearing many, I have collected the best prayers for Repentance, Remission of Sins, and Thanksgiving, and added new of mine own, which in most zealous humbleness, and dutiful obedience, I present unto your most excellent Majesty, beseeching your Highness to accept this, as the great Monarch *Artaxerxes* did the poor Womans handfull of water, wherein I shall account my

Dedictory.
my self most happy, and e-
ver remain, as I am,

*Your most Faithful and
obedient servant,*

NICHOLAS

THEMYLTHORP.

A 3 To

To the Reader.

AS I have (Gentle Reader) spent my former time in worldly matters, so am I desirous to spend these latter daies in Godly and Christian exercises; And being moved to begin with Prayers, as the most principal exercise, and great means of mans Salvation, I read over divers Prayer-books, but I found none onely of Prayer & Thanksgiving, but many other matters in them. And for that my self, and some of my friends are desirous to have one onely Book to bear about us, I have therefore set out such as serve to that purpose.

The

To the Reader.

The Children of God have ever from the beginning used prayer for the supply of their corporal & spiritual necessities, and have ever graciously obtained their petitions, as well for themselves as others. Hagar by prayer had drink for her son. Anna by prayer obtained a son, Isaac a wife, Jacob defence, Moses, David, Jehoshaphat, Ezekias, Maccabeus, and divers others obtained victory: The Ninivites deliverance from destruction: At the prayer of Joshua the Sun stood still: so stayeth the Sun three hours in the dayes of Henry the fifth, till the Earl of Ormond in Ireland with his small company overcame Omor, Ashur, & others with their terrible Armies. At the prayer of Alexander, the Caspian Mountains closed, and inclosed the

To the Reader.

Jews, and the Sea Pamphilicon divided it self to him and his Army, at their passage against Darius. Clenches first Emperor of the Tartars, conquered all the Kingdoms to Mount Belian, and then a Knight on a white Horse came to him, and bid him conquer beyond that mountaine: Clenches said, he could pass no further for the Sea, then the Knight bid him pray to God Almighty, and he would shew him a way; So Clenches prayed in the Mountain, and as he was in his prayers, he saw the Sea divide it self, where he & his Army passed through on dry ground, then he conquered Catha, and all the bordering Countries. At the prayer of the Christians, and a poor Cobler, a mountain in Mosul removed from one place to another, whereby the Christians, avoided

To the Reader.

avoided the cruel sentence of the unbelieving Calipho: By prayers Iron hath swome, the dead hath risen, and all other wonders effected, and of all Gods gracious gifts, it is one of the chiefest: Also God Commands us to call upon him, as when he saith, ask and ye shall have, watch & pray, pray continually: the Lord is nigh to them that call upon him; yea, unto all such as call upon him faithfully. Pray earnestly to God for forgiveness of sins with full purpose of amendment.

There are four sorts of men to pray, some pray for others and not for themselves, these are too proud and careless: Some pray for themselves & not for others, these are too uncharitable: Some neither pray for themselves nor for others, these are too bad and unchristian: Some pray for o-

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thers

To the Reader.

themselves, these are
the best and Goodliest.

In prayer observe these five
things : first, that you direct
your mind to God ; next, that we
are Commanded to pray ; third-
ly, the promise that he will hear
us when we pray ; then that we
must pray in Faith : lastly, to
believe to obtain the thing we
pray for ; let us alwayes pray, not
with lip-labour, but with hearty
affection, in Spirit, Faith, and
Truth, first give thanks, then
pray for remission of sins, Faith,
and all spiritual things : lastly,
for corporal blessings, and things
belonging to it : Pray for things
eternal, spiritual, corporal,
things present, and to come, for
thy Soul and body, and to be
crowned with everlasting glory.

The



The P O S I E of Godly P R A Y E R S.

At thy up-rising say:



Rise, and enter into
this day to glorify
God, and walk in
my vocation, in the
Name of the Father, Son, and
Holy Ghost, Amen.

Then pray thus:

A Prayer for the Morning.

O Gracious Lord, and most
merciful Father, which hast
from the beginning of my age
hitherto delivered me from all
perils

perils and dangers, both of
Soul and body, for which I moſt
heartily thank thee, and yet be-
cauſe I feel in my ſelf ſo many
faults and imperfections, ſuch
readineſs to evil, and ſlackneſs
to do good, I quake and tremble
for fear of thy wrath and ſharp
Judgement: but for that I know
thou commendest me by prayer
to crave of thee all things neces-
ſary for Soul and body, and haſt
promiſed graciously to hear my
lamentable ſuit, and mercifully
to grant me my needful re-
queſts and petitions, and I know
thou canſt and wilt perform
them, therefore for Jeſus Chriſt
his ſake, and in his bleſſed and
Holy Name, and for thy mercy
and clemencie ſake, I humbly beſeech
thy Fatherly goodneſs, to grant
me all things for this body and
transitorie life, as ſhall be moſt
agreeable

agreeable to thy godly will, and pleasure: and I humbly beseech thee, that I may alwayes pray in charity, use thy gracious gifts & benefits in charity, and lead my whole life and conversation in charity, that I may daily thorough the assistance of thy Holy Spirit, mortify all my carnal lusts and filthy affections: prosper me and mine in all our honest affairs, increase thy good gifts in me, and confirm, and establish me in thy grace, that I may go forward in all goodness; and with a humble & contrite heart, and with a sorrowful and repentant spirit, I sue unto thee, most merciful Father, beseeching thee for mercy and forgiveness of all my offences, which in this might past or at any time heretofore I have committed against thy good will and pleasure, by trespassing

passing against thy Godly Majesty, in thought, consent, word, or deed, and I most heartily thank thee, that thou hast preserved me this night past, and all the dayes of my life hitherto, from all death, danger, & other mischief; and I beseech thee, blessed Father, that thou wilt vouchsafe this day, and ever hereafter to have a merciful eye unto me, support and sustain me, bear me up, and save me that I fall not into danger, nor break thy Commandements, give me grace to walk warily among the snares of my mortal enemies, the Devil, the World, and the flesh, and in all things to be prudent, and diligent to consider before what I shall speak or do, that my whole thoughts, words, & works may be to thy honour, laud and glory, to the edifying
of

of my Soule in vertue, and to the
profit of my brethren, through
the gracious Mediation of Jesus
Christ my Lord and onely Savi-
our, Amen.

*Another Prayer for the
Morning.*

O Merciful Lord God, I ren-
der most high laud, praise,
and thanks unto thee, for that
thou hast preserved and kept me
both this night, and all the dayes
and times of my life hitherto, un-
der thy most mighty protection,
and hast suffered me to live until
this present hour, I most hum-
bly beseech thee, that thou wilt
vouchsafe to receive me this day
and the residue of my whole life,
into thy tuition, ruling and go-
verning me with thy Holy Spirit,
that all manner of darkness, mis-
belief, infidelity, carnal lusts,
and

and affections, may be utterly
chased & driven out of my heart,
and grant me a right and perfect
Faith, that I may be justified, and
saved both Soule and body, and
let me walk in the light of thy
moſt Godly Truth, to thy glory
and praise, to my comfort, and
my neighbours furtherance,
through Jeſus Chriſt my Lord
and Saviour, Amen.

A Prayer for the Morning.

O Eternal God, and Heav-
enly Father, ſeeing that by thy
great mercy I have quietly paſ-
ſed this night, grant I beſeech
thee, that I may beſtow this day,
and the reſidue of my life whol-
ly in thy ſervice, ſo that all my
thoughts, words and works may
redound to the glory of thy
Holy Name, & good example of
my brethren: as it hath pleaſed
thee

Godly Prayers.

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thee, to make the Sun to shine
upon the earth to give us bodily
light, so vouchsafe to illuminate
my understanding, with the
brightness of the Holy Spirit to
direct me in the way of righte-
ousness, so that whatsoever I
shall do, my special care and pur-
pose may be to walk in thy fear,
and to serve and honour thee,
and that I may take nothing in
hand, which shall not be agreea-
ble to thy most blessed will; and
that I may in such sort travel for
my body, and this present life,
that I may ever have a regard to
the Heavenly life, which thou
hast promised to thy Children;
and that it may please thee to
preserve and defend me, both
in body, and Soul, to strengthen
me against all temptations of the
Devil, to keep me from all sins,
and deliver me from all perils,
and

and dangers whatsoever. And furthermore, I beseech thee to receive me this day, and the residue of my whole life, into thy Holy protection, continuing and increasing in me daily thy grace, and good gifts, and vouchsafe (most merciful Father) to forget and forgive all my sins, which I have heretofore at any time committed against thee, and for thy infinite mercies sake pardon and forgive the same, for which, & for all things else, which I any way stand in need of, I make my humble petition unto thee, in the Name of thy Son, the Lord and Saviour Jesus Christ, in such sort as he hath taught me, saying, *Our Father which art, &c.*

Another prayer for the Morning.

Almighty and most gracious God, I heartily thank thee,

Godly Prayers.

• 9

thee, for the sweet sleep and comfortable rest, which thou hast given me this night past, and for that thou hast commanded by thy Holy Word, that no man should be idle, but alwayes occupied with good and vertuous exercises, every man according to his calling. I most humbly beseech thee, that thine eyes may attend upon me; daily defend me, cherish, comfort, and govern me, and all my counsels, studies, and labours, in such wise, that I may spend, and bestow this day, and the residue of my whole life, according to thy most blessed Will and pleasure, setting thee alwayes before mine eyes; living in thy fear; and working that, that may be found acceptable in thy sight, hating wrong, and loving justice. Also I beseech thee most merciful God,

10 *The Poſie of*

to ſtrengthen and keep me in
the Faith of thy Catholick
Church, and kindle in me the
love and light of thy Holy Spirit
that I may walk Godly and ver-
tuouſly in this life, die in the
truth of thy Word, and live with
thee in everlaſting glory; grant
this moſt merciful God, for thy
dear Son Jeſus Chriſt his ſake
Amen.

*Another Prayer for the
Morning.*

I Humbly and heartily thank
thee, O Heavenly Father
through thy dearly beloved Son
Jeſus Chriſt, that to thy innume-
rable benefits hitherto poured
upon my Soul and body, thou
haſt kept me this night paſt, and
all the dayes and time of my life
hitherto, from all evils, ſpiritual
and corporal: wherefore I be-

beseech thee to be merciful unto
 me, to give me grace to repent
 and amend my sinful life, that I
 may live henceforth, not as I
 will, but as thou wilt: and as of
 thy goodness thou hast given me
 grace to repent and live Godly,
 of the same thy goodness in
 Christ Jesus, I humbly beseech
 thee to give me thy gracious
 gift of true, Holy, perfect & per-
 etual repentance, that I may
 more and more lament my for-
 mer sinful life, trusting faithfully
 in thy rich mercies, through the
 merits of Jesus Christ, for the
 pardon of all my sins, and that
 I may unfainedly purpose, and
 actually labour to amend my
 life, and that all my thoughts,
 words and deeds, may be to the
 praise of thy Holy Name, and
 good example of others. And
 as much as thou knowest my
 ignorance,

ignorance, wickedness, and un-
 ableness to carry any cross or
 affliction, I beseech thee, sweet
 Father, so govern me and order
 all things towards me, that I be
 never further afflicted, provoked
 or tempted, than thou wilt make
 me able to bear, and so assist and
 help me in the same, as may be
 to thy glory, and my Salvation
 through Jesus Christ my Lord &
 Saviour, Amen.

*A Prayer in the Morning by
 a Sinner, acknowledging his sin
 and asking forgiveness for the
 same.*

ALmighty, merciful, and most
 loving Father, whose love
 is infinite, whose mercy endureth
 forever: I sinful creature, trusting
 in thy unspeakable goodness
 and love towards me, do appear
 this morning before thee

divine

divine Majesty, most humbly
confessing my great and mani-
fold sins and offences, that I
have committed against thee, and
the innumerable transgressions
of thy most Godly Command-
ments and Fatherly will: against
thee, O Father, against thee one-
ly have I sinned: I acknowledge
my offences, I accuse my self, O
Lord, I cannot hide my unright-
eousness from thee, I find in my
self nothing but disobedience,
doubtfulness of thy goodness,
incredulity, hatred of spiritual
things, confidence in my self, and
fervent lusting after carnal
things; therefore I humbly be-
seech thy Fatherly goodness, for
thy Son Christ his sake (whom
thou hast sent for a purchaser of
mercy for me, through Faith in
his blood) take away my hard
heart, make me a clean heart, and
give

give me a true and lively Faith :
have mercy upon me, O Lord
my Saviour, forgive me my sins,
O Lord, forgive me my sins for
thy Sons sake. O God and mer-
ciful Lord, certify my consci-
ence of the remission and for-
giveness of my sins by thy Holy
Spirit, by whose operation mor-
tify in me the old man and body
of sin, that I may die unto sin,
and walk in newness of life, to
the glory of thy Holy Name,
through Jesus Christ my Lord
and Saviour, Amen.

A Prayer for the Evening.

I Thank thee, O Heavely Fa-
ther, by thy dearly beloved
Son Jesus Christ my Lord and
Saviour, that of thy free mercy
thou hast preserved me this day
from all hurts and dangers
vouchsafe also I most humbly
be

befeech thee, to keep me this night, and ever hereafter to save me from all my enemies, both bodily and ghostly : give my body quietness and sleep, but let my mind and Soul continually watch unto thee, think on thee & thy Holy Law, that when the chearful light of the day shall appear, I being whole in body and Soul, may joyfully rise again, and be thankful unto thee, and diligently walk in my vocation, to my comfort, and the glory of thy blessed Name, through Jesus Christ my Lord and Saviour, Amen.

A Prayer for the Evening.

O Most gracious Lord, and merciful Father, I thy most unworthy child, and sinful creature, with humble heart prostrate my self before thy divine

Majesty, most humbly beseeching thee for mercy, and forgiveness of my sins and iniquities, that I have this day, or at any time since I was born, committed against thee; I am heartily sorry that I have many wayes transgressed against Thee, and do ask mercy and forgiveness for the same. And with my whole heart I heartily thank thee, that of thy great goodness, mercy, & grace, thou hast hitherto most safely preserved me. And I beseech thee most merciful Father, be no more angry with me, nor forsake me; but continual assist, comfort and strengthen me against all the assaults of the Devil, and be my succour and defence this night, and unto my lives end, that I never offend thy divine Majesty, or commit any sins, or iniquity; and vouchsafe

of thy abundant bountifulness, to refresh my weak body with convenient rest, that I may to morrow with all diligence the more readily serve thee in that estate wherein thou hast set me, that all my actions may so please thee, and by thy assistance be governed, that after this vain and transitory life, I may attain the life everlasting, through Jesus Christ our Lord and Saviour, Amen.

A Prayer for the Evening, and forgiveness of sins.

I Yeild the most humble and hearty thanks (O Heavenly Father) for all thy graces, and benefits that I have at all times heretofore received at thy bountiful hands, from the beginning of my life to this present hour, and for the great be-

neſtit of my election before the foundation of the world, for my creation, redemption, juſtification, and ſanctification in Chriſt Jeſus, for ſparing me ſo long, and giving me ſo large a time of repentance, delivering me from all perils, bodily and ghoully, for drawing me out of darkneſs, and bringing me to the light of thy Word, for defending me from all dangers paſt, and protecting me until this preſent hour : and I moſt humbly beſeech thee of thy goodneſs, O Lord, that it may pleaſe thee to take care and charge of me this night, and all the dayes and times of my life hereafter, not to ſuffer me to ſleep and ſlumber in ſin and ungodlineſs, but that I may be alwayes watchful and careful for the coming of my Lord and Saviour Jeſus Chriſt,
that

that whensoever he shall come he may find me prepared to receive him, and that I may hear, and enjoy that comfortable sentence, *Come ye blessed of my Father, inherit the Kingdom prepared for you* to the which, Lord Jesus Christ, I beseech thee to bring me, who hast so dearly bought me; to whom with the Father and the Holy Ghost, be all honour, power, praise, glory, and dominion, both now and for evermore, Amen.

Another Prayer for the Evening.

Most merciful God and tender Father, which beside thy most inestimable mercies, given and bestowed upon me, in making me, in redeeming me by the death of thy dear Son Jesus Christ, in calling me to the

knowledge of thy blessed Word,
in keeping me in thy Holy
Church, and in thy most gra-
cious governing me, and all
things hitherto; for my wealth
and commodity, which hast also
most Fatherly cared for me, and
hitherto kept me from all dan-
gers, both of Soul and body,
giving me health, food, appa-
rel, and all other things necessa-
ry for the comfort and succour
of this poor and miserable life,
which many other want: for
these, and all other thy good
gifts, and gracious benefits,
which of thy onely goodness,
and fatherly providence, thou
hitherto hast, & now dost pour
upon me, I most humbly thank
thee, and praise thy Holy Name,
beseeching thee to forgive, hide
and bury all my sins, which at
any time heretofore I have com-
mitted

mitted against thy Holy Com-
mandements: and I beseech thee
to grant me the guard of thy
good Angels, to keep me this
night, and evermore; and grant
good Father, that when I shall
sleep in death, my body may rest
temporally: and my Soul live
with thee eternally, to thy glo-
ry, and my joy, through Jesus
Christ my Lord, Amen.

A Prayer for the Evening.

O Eternal God, and most
merciful Father, who this
day and all the time of my life
hitherto, hast graciously defend-
ed, nourished, and preserved
my Soul and body; and of thy
loving kindness hast most Fa-
therly provided for me, a poor
sinner; not onely in giving me
a right portion of thy creatures,
but also in that plentiful redem-

ption which thy moſt dear Son
Jeſus Chriſt hath purchaſed for
me: grant unto me, O merciful
Father, the aſſiſtance of thy
grace & holy Spirit, that though
my body take the natural reſt,
yet my Soul and mind may be-
hold thy goodneſs toward me,
be joyful in thee, and receive
ſuch inward pleaſure and Hea-
venly ſweetneſs in thy love, that
whatſoever I ſhall henceforth
think, ſpeak, or do, it may be all
to the honour of thy holy Name.
And let thy mighty hand and
out-ſtretched arm, O Lord, be
ſtill my defence, thy mercy and
loving kindneſs, in Jeſus Chriſt
thy dear Son, my Salvation: thy
True and Holy Word my inſtru-
ction, thy grace and Holy Spirit
my comfort and conſolation
unto the end, and in the end,
through Jeſus Chriſt my Lord
and

and onely Saviour, Amen.

*When you go to bed, say, I lay me
down to rest, in the Name of the
Father, the Son, and the Holy
Ghost.*

Then pray thus:

O Merciful Lord God, Hea-
venly Father, whether I
sleep, or wake, live or die, I am
alwaies thine; wherefore I hum-
bly beseech thee that thou wilt
vouchsafe to take care and
charge of me this night, and at
all times hereafter, and not to
suffer me to perish in the works
of darkness, but to kindle the
light of thy Spirit in my heart,
that thy Godly knowledge may
daily increase in me through a
right and pure Faith, and that I
may alwayes walk and live after
thy good Will and pleasure,
through Jesus Christ my Lord

*A Prayer before we settle our
selves to our devotion.*

O Most gracious God, give
me leave to present my self
before thy divine Majesty to
pour out my unworthy prayers
unto thee : in the multitude of
thy Mercies, O Lord, I come to
make manifest my necessities
(as a poor and needy wretch)
unto a God of infinite glory : I
come as a worm to my So-
veraign Maker : I come as a hainous
offender, to a just and severe
Judge ; thou, O God, promist
that who so asketh shall receive ;
who so seeketh shall find ; grant
me therefore grace to pray un-
to thee, as my duty, and thy de-
sert requireth : grant me a pure
intention, a fervent devotion,
that with humble heart, firm
hope

hope, and perfect charity, I may effectually pray unto thee, and ask of thee that which thou seeft most for thy glory, and my good. O merciful Lord, help me to pray worthily, that thou mayest graciously grant my petitions: defend my weak heart from Ghostly assaults, and so fix my mind upon thee, that I be not carried away from consideration of thy presence: grant me attentively to apply my thoughts and to be wholly ravished and possessed with zeal and true devotion. Grant me to ask forgiveness with deep contrition, and full purpose of amendment: afford, O Lord, such comfort to my Soul as thou seeft fit for me, and by the assistance of thy Spirit, inspire thy good motions into me, that I may feel them forcibly, accept them thankfully,

ly, and fulfil them effectually, and that I may devoutly pray unto thee with true repentance, appease thee, and for ever dutifully serve thee, through Jesus Christ my Saviour, Amen.

A general Confession of sins.

A Almighty God and Heavenly Father, I confess and acknowledge, that I am a miserable and a wretched sinner, and have many wayes most grievously transgressed thy most Godly Commandements, through wicked thoughts, ungodly lusts, sinful words and deeds, in my whole life. In sin was I born and conceived, and there is no goodness in me, that without thy mercy I should perish for ever; so little help, comfort, succour, is there either in me, or in any other creature: onely this is my

my comfort, (O Heavenly Father) that thou didst give thy dearly beloved Son to the most vile, bitter, and slanderous death of the Cross for me, that he might so pay the ransome for my sins, satisfy thy judgement, still and pacify thy wrath, reconcile me again unto thee, and so purchase me thy grace, favour and everlasting life; wherefore through the merit of his most bitter death and passion, and through his innocent bloodshedding, I beseech thee, O Heavenly Father, that thou wilt vouchsafe to be gracious and merciful unto me, to forgive and pardon me all my sins, to lighten my heart with thy Holy Spirit, to renew, confirm, and strengthen me with a right and perfect Faith, and to enflame me in love toward thee, and my neighbour:
that

that I may henceforth walk as it
becometh me, in thy moſt Godly
Commandements, and ſo glorify
and praiſe thee everlaſtingly :
grant me further, O Father, that
I may have a quiet heart and
conſcience, and that I may in all
temptations, afflictions, neceſſi-
ties, and in the very pangs of
death, truſt Faithfully in thee,
and in thy mercies. And for that
thou haſt Commanded me to
pray unto thee, I humbly beſeech
thee, for all things needful for
me, and pray unto thee, as thy
Son himſelf hath taught me, ſay-
ing, *Our Father, &c.*

*A Prayer of thanksgiving, re-
miſſion of ſins, neceſſities in this
life, and life everlaſting.*

O God of Abraham, Iſaac
and Jacob, thou God of pit-
ty and all mercy, have mercy up-
on

on me a wretched sinner, and forgive me (I most humbly beseech thee) all my sins and offences, that I have ever committed against thee; blot out all my misdeeds, renew a right heart, and create, O God, a new spirit within me, I thank thee, O Heavenly Father, for all thy blessings and benefits which thou hast bestowed upon me, continue, multiply, and increase thy good blessings upon me: stretch out thy hands of bounty over me, and with thy eyes of mercy look upon me; send me, O Lord, a sufficient living; make me beneficial to all, and not chargeable unto any; bless me, good Lord, and give me grace to live Godly, and veraciously, and reign with thee everlastingly: deliver me from all troubles, discontents, and worldly calamities: take me, O Lord,
into

into thy own tuition: bleſs, proſper, and protect all my proceedings; let whatſoever I take in hand be good, and let that come to a happy and ſucceſſive end: let me have a care not to do any thing, that ſhould offend thee, but let my whole deſire be to do thoſe things that may pleaſe thee; ſend, O Lord, thy Angel from Heaven to govern me, and to deliver me (as he did thy ſervant *Tobias*) from all dangers: ſend O Lord, thy grace from Heaven to guide me, & thy wiſdom from the higheſt Heavens to teach and direct me: let me not any more fall into ſin through frailty, but ſo bleſs me with thy bleſſings, that I may never offend thee, but that I may early and late, night and day, & at all times and ſeaſons, give praiſe and thanks to thy Heavenly

ly

ly Majesty: that I may live in this world, to thy glory and my comfort, and raigñ with thee in everlasting glory in the world to come. Hear, O Lord, these my prayers, and for thy most dear mercies sake, and for my sweet Saviour Jesus Christ his sake, grant my petitions. To thee, O God the Father, Son, and Holy Ghost, be all honour, dominion, power and glory, now and for ever, world without end, Amen.

*A Prayer for forgiveness of sins,
with a confession of his Faith.*

O Lord God Almighty, and Father of my Saviour Jesus Christ, I most earnestly beseech thee, for thy Fatherly goodness, and mercy, to pardon and forgive me all my sins and offences, & through thy bountiful goodness and mercy, deliver me from
all

all thoſe ſins and offences, which by my frailty, or any way elſe, I ever committed againſt thee: for I confeſs and acknowledge, that I am a miſerable and wretched ſinner, and have many wayes moſt grievouſly tranſgreſſed thy moſt Godly Will and Commandements: through wicked thoughts, ungodly luſts, ſinful words and deeds in my whole life. In ſin was I born and conceived, and there is no goodneſs in me: therefore through the merits of the bitter death and paſſion of thy beloved Son Jeſus Chriſt my Saviour, and through his innocent blood-ſhedding, I beſeech thee O Heavenly Father, that thou wilt vouchſafe to be gracious and merciful unto me, to forgive and pardon me all my ſins and offences, to lighten my heart with

with thy Holy Spirit, to renew,
confirm, and strengthen me with
a right & perfect Faith: enflame
in me love toward thee and my
neighbour, that I may walk with
a glad heart in thy Commande-
ments, and glorify and praise
thee everlastingly; and that I
may with a clear conscience, and
quiet, and chearful heart, in all
temptations, afflictions, or ne-
cessities, cry unto thee earnestly,
and say, Lord have mercy upon
me a sinner, &c.

*A Godly Prayer for forgiveness
of sins, and all things needful
for Soul and body.*

Omnipotent, eternal, and
ever-living God, which hast
made Heaven and earth, the Sea,
and all things contained in them,
thou onely maker of all things,
preserver and helper of them;
with

with thy Son my Lord Jesus Christ, and the Holy Ghost : O most wise, merciful, good, strong and righteous Judge, which hast said, thou wilt not the death of a sinner, but that he convert and live : I thy poor creature, and work of thy hands, do acknowledge and confess my manifold sins and offences, which from my youth untill this time, in thought, word, and deed, I have most grievously committed against thee, and am most heartily sorry for the same, desiring thee for Jesus Christ his sake, to have mercy upon me, and according to thy great mercy forgive me all my offences ; O Lord, I confess and acknowledge, that I was born in sins, and conceived in wickedness, & in my flesh dwelleth nothing that is good, and of my self I am not able to think

good

good thought, much less to
wish, and least of all to do as I
ought; therefore, O Lord, I call to
thee for grace, which hast pro-
mised to hear them that call up-
on thee: assist O God, and guide
me with thy Holy spirit, draw
me unto thee, make me O Lord,
poor in spirit, vile and low in
thy own sight, give me thy grace
that whensoever I be drawn in-
to any sin and wickedness, ei-
ther in thought, word, or deed,
that I may feel my own infirmi-
ty and weakness, and that I may
with speedy repentance turn un-
to thee. Take from me my stony,
blind, unbelieving, doubtful, un-
faithful, and unthankful heart,
my carnal, idle, secure and im-
penitent heart, and give me a
heart to fear thee, love thee, and
trust in thee: write thy law in my
heart and mind: let me believe,
trust,

trust, and live in thee for ever,
deliver me from the spirit of
pride, vain glory, haughtiness of
mind, presumption, self-love, and
trust in my self. Take from me, O
Lord, the wicked spirit of suspi-
tion, envy, jealousy, grudging,
whispering, or back-biting, keep
me from wrath, malice, hatred,
lying, evil words, contention,
flattering, dissimulation, hypo-
crisy, blaspheming, vain swear-
ing, lightness, idle words, and
unstableness of heart: deliver me
O Lord, from all filthiness both
of the flesh and spirit; from un-
clean thoughts, unlawful desires,
evil concupiscence, and lusts
of the body. Take from me cov-
etousness, and care of riches,
deceit and guile, all idleness and
sloth, and give me not over-
an unshamefast and obstinate
mind. Make me able to be any

er, wrongs with patience, and not
of recompence evil for evil. Make
of me loath to give occasions of e-
vil to any, and if I do, make me
willing to confess my fault, and
amend it. Take from me, O Lord,
a careful heart of worldly things,
and grant that neither poverty
oppress me, nor riches lift me up
to forget thee, but in prosperity
make me thankful, and patient
and humble in adversity : Lord
make me merry without light-
ness, sad without mistrust, sober
without dunness, true without
doubleness, fearing thee without
desperation, trusting in thee
without presumption : give me,
O Lord, the spirit of humbleness,
meekness, simplicity, gentleness,
goodness, faithfulness, and truth :
grant me, O God, the bowels of
mercy and loving kindness, to
my brother long-suffering, and
pa-

patience, to bear all things well
that thou shalt lay upon me: re-
generate my heart with the spi-
rit of grace continually: and
grant me an inward feeling of
thy favour and mercy toward
me, in Jesus Christ my Lord, that
I may know thee to be my God
and Father, and me thy child for
ever: O Lord increase my Faith
in thee, and in Jesus Christ my
Redeemer, confirm my hope
in thy promise, make perfect my
love towards thee, give me a true
and unfained love to all vertues
and goodnes: Increase in me, O
Lord, strength and victory
gainst all temptations and
faults of the Devil, the flesh, the
world, and the vanities thereof
give me grace to keep a good
conscience; give me a pure heart
and mind, and renew a right spi-
rit within me; give me the true
under

understanding of thy Holy word,
that I never swerve from the truth
thereof, and that my chief felicity
may be in the same, and in hearing,
reading, talking, watching, praying,
fasting, mortifying, and subduing
my own will and members. O gra-
cious Lord Jesus Christ, Son of the
living God, which was crucified,
and raised again, for me and all
others: which sitteth on the right
hand of the Father, and art ap-
pointed the only Mediator for me
unto God, have mercy upon me,
pray to thy Heavenly Father for
me, sanctify me with thy Holy
Ghost, as thou hast promised, and
send the Spirit of truth to abide
with me for ever, kindle my mind
and heart with thy Holy Spirit,
that I may truly believe in thee, ac-
knowledge, & call upon thee, give
thanks unto thee, and obey thee:
for I feel myself so charged with

sins and infirmities, that I know not what to do, but offer up my self wholly unto thy mercy, to be reformed according to thy good will and pleasure. O eternal, most mighty, and everlasting God, govern and keep me, lighten me alwayes with thy Gospel, rule and confirm my heart with the Holy Spirit, and govern my study, pour on me thy Spirit of grace and prayer, make me, Lord, happy and diligent in the works of my vocation, take into thy custody for ever, O sweet Saviour, my soul, body, life and all that ever I have; Be gracious unto me, O Father, succour and help me in all necessities, grant me all thy blessings, and thy Holy Spirit, to sanctifie and dwell in me for ever. And, O Lord, have mercy upon me, graft, plant, and sow in my heart all vertues, and give me grace so to use them, and all other

thy gracious gifts, as may be most
to thy glory & praise, to my con-
solation and comfort, and to the
profit of thy Church. Hear, O
Lord, my prayers, & forgive me all
my sins and wickedness that I have
committed; and give me grace
truly to repent the same: grant
unto me, O Lord, true contrition
of heart, that I may vehemently
despise my sinful life past; and
wholly be converted unto thee: I
have sinned, O Lord, I confess it, &
I cannot deny it, but O my God,
pardon my trespasses, release my
debts, and forgive me all my sins:
stop my wounds, for I am plagued
and beaten with sins, and grant me
grace with patience to attend thy
divine Majesty; increase in me, I
most humbly beseech thee, O most
gracious God, the gift of faith, that
I may truly beleve in thee, & thy
promise made unto me, grant this

O Father, for thy dear Son Iesus Christ, my Lord and Saviour, Amen.

A Prayer wherein the sinner accuseth himself for falling into sin, & asketh forgiveness for the same.

Dear, tender, and most merciful Father, God almighty, great, and dreadful, which art merciful to whom it pleaseth thee, for thou art the Father of mercy, and God of all grace, peace and comfort, which wilt not the death of a sinner, I therefore earnestly desire thee, O Lord, to have mercy upon me, have mercy upon me, O Lord, according to thy great mercy, and according to the multitude of thy mercies put away my sins & offences: wash me, O God, from my wickedness and make me clean from my unrighteousness. I acknowledge my
sins

sins, and do accuse my self of my evil deeds. I confess my wickedness, and rebelling against thy precepts. I have been a froward child, and have offended and provoked thee with all my vanities and sins; and have not exercised my self in thy Laws. I have turned back from thy wayes, and have done wickedly before thee. I have walked after my own thoughts and phantasies, and not as thou wouldst, but have run from sin to sin, following the desires of my heart. I have displeased thee by my inventions, and none of my sins be hidden from thee. I am not worthy to be called thy son, woe I am, that I have gone from thee, great is my grief, that I have led my self in sins; woe is me, that I have forsaken thee, and lived after my own mind: but O Lord, forgive me all my sins, do not forget me, nor keep thy mercy

from me.

C 3 lon.

longer from me, hear me now, O Lord, graciously calling upon thee: and be merciful unto me, be no longer angry with me, nor caſt not away a contrite and penitent ſinner. Turn thee again, O Lord God, and forgive me all my ſins and offences: hide not thy face from my prayers, but according to thy promiſes take me into thy favour, for I am one of thoſe, O Father, whom thy Son hath redeemed with his moſt precious blood, and therefore of thee, O Lord, I aſk mercy, beſeeching thee to forgive me all my ſins, and to have mercy upon me, for thy dear Son Jeſus Chriſt his ſake, my only Lord and Saviour, Amen.

A Prayer of thanksgiving, and for Remiſſions of ſins.

Grant, O Lord, of thine unſpeakable mercy, that I may worthily

worthily praise and honour thee,
that my mouth may speak, my
heart study, & my tongue sing thy
laud & praise; hear the sacrifice of
my lips, and make it acceptable in
thy sight, my Soul praise thou the
Lord, & all that is within me laud
his Holy Name. I will praise thee,
O God, and magnify thy name for
ever and ever; for thou art good
to all, and thy mercy exceedeth all
thy works, my mouth shall give
thee thanks, and extol thy Holy
Name. O praise the Lord my God,
my Maker, Redeemer, Nourisher,
Defender, strength, joy, victory,
and eternal glory: I honour thee,
I glorify thee, I worship thee, I
laud and praise thee, for that it
pleased thee to make me a reason-
able man, and hath given me wis-
dom, understanding, and many
other blessings, spiritual and cor-
poral; thou hast visited my heart

with many graces, and Holy motions, thou hast delivered me from many perils both of Soul & body, and kept and preserved me from many sins whereinto I might have fallen; for those and all other thy good blessings, most abundantly bestowed upon me, I, a wretched sinner, withal my heart, most humbly laud, praise and honour thee, O most merciful God, I adore and give thee thanks for thy unmeasurable clemency and infinite goodness, whereby thou dost most mercifully suffer me to live, pardonest me, and bestowest thy benefits upon me, let thy pittie mollify my hardness, thy burning charity melt my frozen heart, that I may be changed from a vessel of wrath unto a vessel of mercy, and so being freed from my sins, I may be the more fervent in loving thee: thou art good, and I evil; thou
Holy

Holy, I wretched; thou just, I unjust; thou light, I blind; thou life, I death; thou joy, I heaviness; thou sovereign verity, I nothing but vanity. O Lord, sanctify me, help me and save me, wash me and make me clean, suffer me not to be separate from thee, but from the malignant enemy: for ever hereafter defend me, that I may come and sing to thee praises eternally, grant me grace to come after thee, to imitate thee, that the fervour of my future devotion may recompence in me the follies of my former conversation, and make me pure & Holy, that I may earnestly seek thee, who art the fountain of eternal life, expel out of me whatsoever is evil or amiss, or whatsoever displeaseth thee, and deliver me, I most humbly beseech thee, from all sins, iniquities, troubles & evils, wherewith I am encumbered;

dispose all my thoughts, words and works as may be most agreeable to thy most Holy will and pleasure, keep me ever, and every where, from all sins, wickedness, and offences; deliver me in this life, from all evils, troubles and dangers, and after this life bring me to the most sweet, pleasant, and delightful joy of the life everlasting. Amen.

A Prayer of a sinner in troubles, thinking long for help, and trusting in Gods mercies, desiring help

Even unto the Throne of thy highest power, I acknowledge O Lord, that I am a miserable sinner, beseeching thee, O Lord God Almighty, of thy goodness to do with me according to thy great mercy. O Lord, I am abashed and ashamed to lift up my eyes unto thee, for my sins are ascended up into thy sight: against thee, O Fa-
ther

ther, against thee have I sinned, & done evil before thee, thou seest my iniquity is great, I have been an offender against thee even from my cradle, and since I sucked my mothers breasts, I have not ceased to do evil. I was begotten in sin, and brought into the world in iniquity. I cannot shake off my sins and offences but carry still with me the infamy of my youth : behold, O Lord, I am sold under sin, and in my self I find not that which is good, for the good I would do I do not, but the evil I would not do I do; all the thoughts and imaginations of my heart have been evil ever since I was young : let me not die in my sins, O Lord God, for thou wilt not the death of a sinner, but that he repent and live; thou art good and merciful, and according to thy great mercy, save me thy unworthy servant : thou hast

haſt ſhewed thy mercy on thou-
ſands, ſo have mercy upon me, O
Lord God omnipotent; have
mercy upon me a miſerable and
wretched creature, my ſoul is trou-
bled, therefore, O Lord, heal me,
look upon me, & deliver me: How
long wilt thou reject my prayers?
how long wilt thou turn thy face
away from me? thy hand is not
weakned, O Lord, but it may help,
and thy eares are not ſtopped:
therefore, O Lord, hear me, how
long, O God, ſhall my mind be
troubled with painful and heavy
thoughts? How long ſhall ſorrow
torment my ſoul? How long ſhall
my enemies triumph over me? look
towards me, O God, hear my pray-
ers, give light unto my eyes, and let
me not ſleep in death, nor let not
my ſins prevail againſt me. Turn
again, O Lord, turn again, and
deliver my Soul, and ſave me for
thy

thy merces sake. O Lord, rebuke me not in thy anger, nor punish me in thy great displeasure, cast not thy darts at me, nor lay thy heavy hand upon me; let me no longer bear thy anger, nor drink of the cup of thy displeasure. I have no health for fear of my offences, I have no rest nor peace when I behold my sins: my iniquities are gone over my head, and like a heavy burthen they daily press me down: thou, O Lord, knowest my desire; and seest my necessity: forgive me all my sins, O Lord God almighty, for thy own sake, and for thy Sons sake, put out of thy sight my hainous offences; for thou hast promised forgiveness of sins to them that repent them of the same; have mercy on me, O good Father, have mercy on me, and for thy glorious Name be no longer angry with me, but forgive me all my sins,
and

and take me a penitent ſinner to thy mercy, for the love of our onely Saviour Jeſus Chriſt, whom thou haſt ſent to obtain mercy for my ſins through faith in his blood, who liveth and raigneth now and for ever, Amen.

A Prayer for a ſinner rejoycing for the benefits received at Gods hand, and asketh ſtill his help and forgiveness of his ſins.

I do rejoyce in thee, O Lord, which tookeſt upon thee, in thy body, my infirmities, and ſo beareſt my pains, thou waſt made weak for my ſins, and wounded for my offences, and by thy ſtroaks were my wounds healed; I went aſtray like a ſheep, and followed my own wayes, thou, O Lord, through thy love and mercy haſt redeemed me that was loſt, & by thy blood ſhed on the Croſſe, hath paid my ran-
some,

some, thou diddest die for my offences, and by thy precious blood hast taken away my sins: turn the eyes of mercy, O Lord God, and look upon me, the work of thy hands, and heal the infirmities of me thy weak creature, keep me from all evil wayes, and teach me by thy Holy Spirit, to choose the way of truth. I beseech thee (O King of holiness) by my Redeemer Christ, keep me in the right way, and unite me unto him in spirit, make me to go perfectly in thy paths, & to hate all wicked wayes, wash my heart from malice, and cleanse me from my secret sins, cleanse me, O holy Father, with the blood of thy well-beloved Son from all my sins, and deliver me from all my iniquities, purifie my heart by thy Holy Spirit, from all filthiness of sin and evil concupiscence. O God almighty be merciful

ful unto me a sinner, and for thy glorious names sake remember my sins no longer, make me, O God, to return from my evil wayes, and wicked thoughts; remember not the sins and offences of my youth, but according to thy mercy be mindful of me, for thy goodness sake, O Lord, my hope is in thee, my Soul trusteth in thee, my Soul looketh for thee, thou art merciful, and with thee is plenteous redemption: therefore have mercy upon me according to the multitude of thy mercies, for thou art full of pity and mercy, turn not therefore thy face from me, have mercy upon me. O Lord God my Saviour, pardon and forgive me my sins for thy Names sake. O righteous Father, look not upon the multitude of my sins, but look on the face of thy Son Jesus, which bare my sins in his body on the Cross: turn thy face

face therefore away from my sins,
and put out all my iniquities, and
make me a clean heart within me,
cast me not away from thy pre-
sence, and take not thy Holy Spirit
from me; but help and comfort
me, stablish me with thy mighty
Spirit: mollify my heart, that I
may walk in thy wayes, and not in
the wayes of error; help me, and
forsake me not, O Lord my God,
for thy son Jesus Christ his sake,
Amen.

*A Prayer wherein a sinner asketh
forgiviness of his sins: and de-
sireth the true armour, to be de-
fended against the enemies of his
Soul, and confesseth God to be
his Saviour.*

E Verlasting God, and most
merciful Father; I most humbly
beseech thee, for thy Son Christ his
sake hear my prayers, and forgive
me

me all my sins, and from henceforth give me thy Holy Angel to conduct and strengthen me with thy vertue, to understand the evil device of the world, and the appetites of the sinful flesh; arm me with thy armour, the grace of thy Holy Spirit, and mighty vertue; write in my heart thy Holy Word, Laws, and Commandements; put upon me the breast-plate of righteousness, direct my life and conversation according to the Gospel of peace; give unto me the shield of Faith to fight against sin, and desperation: the helmet of health unto my salvation, through the merits of thy dearly beloved Son Jesus Christ; for whose sake, I poor sinner, most humbly beseech thee that thou wilt vouchsafe to pour upon me thy Holy Spirit, to work in my heart, mind, and Soul, that I may alwayes do thy will and please

sure

sure, and walk in this world to thy
 honour; thou, O Lord, hast made
 me, and given thy Son to die for
 my sins; O Father, for his sake,
 have mercy upon me; O Lord
 Jesus, which hast bought me with
 thy precious blood, receive me, and
 have mercy upon me, and be my
 merciful Mediator to thy Father,
 that my Soul may be saved. O Holy
 Ghost, co-equal with the Father &
 the Son, have mercy upon me; O
 Lord God, most loving and merci-
 ful Father, I acknowledge my self
 unto thee, a wretched sinner, yea,
 such a sinner as hath need of grace,
 mercy and favour; for in thy sight
 there is no man righteous, thou, O
 Christ, art the blessing of God, by
 whom all the Nations of the world
 are blessed and made rich: thou
 deliveredst me & thy people from
 Hell and damnation; thou art a
 shield unto me, and unto all them
 that

that trust in thee, thou forgivest all
trespasses, and healest all infirmi-
ties; thou defendest me and thy
people, and blestest us. Thou, O
Christ, art my saving health, and
sanctifier: with thee is mercy and
plenteous redemption: Yea, thou
art the true God and Saviour: all
Souls are thine, thou redeemest me.
I have no other Saviour but thee.
I will turn unto thee, O Lord turn
unto me. O I will aske mercy of the
Father in thy Name, and I trust
shall receive it, that my joyes may
be perfect: I believe in thee, there-
fore shall I be saved; thou art the
Way, the Truth & the Life: with-
out thee none can come to the Fa-
ther. Thou cam'st into the world
to save me, and all that were lost:
therefore I believe in thee, and
hope in thee, that thou wilt raise
me up to everlasting life. I believe
that thou wilt save me, have mercy, Ma-

on me therefore, & forgive me my
sins; O Lord, thou who livest and
reignest now and for ever, world
without end, Amen.

*A sinner desireth forgiveness of his
sins, and a right and true Faith.*

O Lord, Maker of Heaven and
Earth, I confesse my self from
the very bottom of my heart, that
I am a miserable, wretched, and
abominable sinner, and have wick-
edly transgressed thy godly Com-
mandements: the sins alas that I
have committed, are as innumera-
ble as the Sand of the Sea-shore,
they bear me down as an intolera-
ble burthen: in these sins, O Lord
God, have I walked unto this day,
according to the desires of the
world, and the evil lusts of the
flesh, but whatsoever I have in this
behalf offended thy most Godly
Majesty, it sore repenteth me, and
the

the fault grieveth me to the very
bottom of my heart, ſave me there-
fore, O Lord for thy great mercie
ſake; for unto thee, O God of my
comfort, I wretched ſinner doe
come, craving of thee thy mercy
incline therefore thine ears unto
my calling, O Lord, and conſider
the request of my heart: & grant
unto me, O Lord, thy ſervant, the
ſtrength of thy Holy Spirit, to ſub-
due the body of ſin with the luſts
thereof, that I may be obedient in
will and mind unto thy Laws; for
no man can help me but thou: O
Lord, who haſt brought my Soule
out of Hell, and haſt holpen me
from falling into deſtruction: pur-
ſue away from me, O Lord, that which
is evil, for thou art Holy, and ſave
thy ſervant which ever truſted in
thee. I will acknowledge I have
my ſtrength of thee: for thou art
my hope, my portion, my God and

my Saviour. Have mercy therefore
upon me, O Lord, and according
to thy great mercy do away my
offences: look on me with the eyes
of mercy, sprinkle me with thee
sweet Hyssop of grace, cleanse me
from my sins; wash me, and I shall
be whiter then snow; quench the
desire of sin in me; open my lips,
that my mouth may set fourth the
praise of thy holy Name. O Christ,
Son of God, have mercy upon me:
O Holy Ghost, give me a new
heart, and a right spirit to laud and
praise thee: Turn me wholly unto
thee, O Lord, and take my sins a-
way from me: O Lamb of God, heal
me, and I shall be whole: save me,
and I shall be saved: for thou, O
Christ, art my hope, thou hast ta-
ken upon thee my diseases, and
wast wounded for my offences: &
wilt, I trust, pardon me all my sins:
there is no Salvation but in thee,
nor

nor no other name wherein I must
be saved, but by thee, O Christ:
through thee I have redemption,
and remission of my sins: thou
hast made satisfaction for me: thou
diedst for me, and for my sins: and
wast buried, and rose again, and
ascendedst up into heaven, and sit-
test on the right hand of God in
the Glory of the Father: thou art
my Advocate, and obtainest mercy
for my sins; thou art Holy, which
was, is, and is to come. I believe
that thou shalt come to be my
Judge, therefore I beseech thee, O
Lord, let not my sins lose me, whom
thou hast bought with thy preci-
ous blood: but have mercy upon
me; O Lord God, Holy Ghost, have
mercy upon me, and work thy di-
vine grace in me, that I may be sa-
ved through my Lord Jesus Christ:
save me, O Lord, for I believe that
I shall see the pleasures of the in-

the

the land of the living : Grant me,
O Lord, a right and true Faith :
forgive me all my sins, & make me
daily more and more to walk in a
new way, and upright life : that I
may utterly despise all wordly
things, that I may be content, pure
of living, temperate, good, righte-
ous, diligent in all goodness, meek,
merciful, modest, humble, and rea-
dy to forgive all that offend me ;
and live all the daies of my life, ac-
cording to thy divine wil, and true
fear, that I may die in the world to
all sin, and to my self, and with a
good confidence and a merry
heart, look for the coming of thee,
O Lord, my Saviour Jesus Christ,
to whom, with thee, and the Holy
Ghost, be all honour, and glory
for ever, Amen.

D

A Prayer

*A Prayer for a sinner desiring God
to pour his grace upon him, who
doth faithfully believe that God
will freely forgive him his sins.*

HONOUR and praise be given
thee, O Lord God, for seeing
whereof I stand in need, and
blessing me with thy manifold ble-
ssings; I crave thy mercy and grace
to be my guide wheresoever I go
receive, O Jesus, my Soul and body
into thy hands; for thou hast
bought me with thy precious
blood. O Lord save me for thy mer-
cies sake, & be my defender all the
dayes of my life. Thou art the god
of the Father to save sinners,
beseech thee, O sweet Jesu, save &
deliver me from all evils, bodily
and Ghostly, now and for ever
that I may praise and worship thee
in this life & in the world to come
against thee, O Lord, against the
hav

have I sinned. I confess that all my
 life time I have been a sinner, and
 have grievously offended thee. I
 have gone astray like a lost sheep,
 and have been an unprofitable ser-
 vant, and there is no goodness in
 me: but I confess my sins, O Lord,
 unto thee; and do earnestly repent
 that ever I offended thee, being so
 loving a Father, and so gentle a
 Lord: and I cry with *David*, and
 say, Have mercy upon me, O
 LORD, according to thy mercies,
 and according to the multitude of
 thy mercies do away mine offen-
 ces: wash me thoroughly from my
 wickedness, & cleanse me from my
 sins; for I acknowledge my faults,
 and my sins are ever before me. I
 cry with the lost son, O Father, I
 have sinned against Heaven, and
 against thee, and am no more wor-
 thy to be called thy son. I cry with
 the Publican, and say, O LORD

be merciful to me a sinner. I cry
with the blind, *Jesu, Son of David*,
have mercy upon me : and faith-
fully believe, that thou wilt freely,
and mercifully forgive me all my
sins, be they never so many or grie-
vous, if I faithfully ask them : For
by Faith I am made of the child of
wrath the Son of God ; by Faith I
am married unto Christ ; by Faith
my heart is purified, Satan over-
come, and the world vanquished ;
by Faith I am preserved from dam-
nation, justified and made righte-
ous ; by Faith the wrath of God is
asswaged, and I work thy will, O
God : by faith my prayers are
heard, and request granted : by
Faith I please thee, O God, and am
made the child of light ; by Faith I
am born a new, and made the tem-
ple of the Holy Ghost ; by Faith I
prevail against the gates of Hell,
and am made the heir of thee, O
God,

God, & fellow-heir with my Lord
and Saviour Jesus Christ, of thy
everlasting glory: Faith is richer
than all treasures, stronger then all
corporal power, and more health-
ful than all Physitians. Grant me
therefore, O Lord, a true faith, and
let me cleave to the merciful and
comfortable promises of thee, O
God: so shall I be sure to have re-
mission and forgiveness of all my
sins. I believe thee, O Lord, help
thou my unbelief: Increase this my
faith in me: I most humbly beseech
thee, for Jesus Christ his sake, mer-
cifully to behold me a most mise-
rable sinner, and clearly to forgive
me all those sins and wickednesses,
which I have committed against
thee from my birth untill this pre-
sent time: forgive me, O Lord, all
my sins for thy names sake, though
they be great and many: remem-
ber not the sins and offences of my
youth,

youth, not my former ſins, but according, to thy mercy think upon me, O Lord, for thy goodneſs ſake, and have mercy upon me, and that right ſoon help me, O God of my Salvation; O deliver me, and be merciful unto me a ſinner, for the glory of thy Name ſake: So ſhall I give thee thanks for ever, and magnify thy bleſſed Name, world without end, Amen.

*A very godly Prayer with many
Petitions.*

O Lord, pour down thy heavenly grace and fatherly favour upon me, that I being aſſured of thy favourable goodneſs towards me, may rejoyce and glory in thee; vouchſafe, O ſweet Father, to ſend thy Holy Spirit unto me, which may make me a new creature; put away from me all fleſhly luſts, fill my heart with new affections and
ſpiri-

spiritual motions; and through his
 Godly inspiration renew me both
 in body and Soul; that I may die
 unto sin, and live unto thee in new-
 ness of life, serving thee in holyness
 and righteousness all the daies of
 my life. O send thy wisdom out
 of thy Holy Heavens, and from the
 Throne of thy Majesty, that she
 may be with me, and teach me thy
 will, and what is acceptable in thy
 sight, conduct me rightly in thy
 works, and preserve me in thy po-
 wer; remove from me, O Heavenly
 Father, my lewd, stubborn and
 unfaithfull heart, and create in me
 a clean and Godly heart; cleanse
 me from all wicked thoughts:
 breath into my heart, through thy
 Holy Spirit, Godly and spiritual
 motions, that I may bring forth
 good works to the praise and glo-
 ry of thy Holy Name: grant me
 O Lord a quiet mind, and a con-

tented conscience, free from the damnable accusations of Satan, from the crafty perswasions of the world, from the subtile enticements of the flesh : give unto me the precious gift of Faith : give me Christian love, and perfect charity, that I may love thee, my Lord & God, with all my heart, with all my mind, Soul, and strength, Let me love my neighbors as my self : give me grace patiently to suffer my enemies ; to forgive, and pray for them. Take from me all pride, and haughtiness of mind : graft in me true humility, give me grace to be merciful & liberal to all that have need ; preserve my Soul from all vice, and my body from sickness : make me able, with strong Faith to resist Satan, with fervent prayer to mortify the lusts of the flesh ; with meditation of thy Holy Law, to avoid the vanities and pleasures of
this

this wicked world; suffer me not to be overcome of Satan nor his servants, but grant me a strong Faith to overcome them: send thy Heavenly Angels to pitch their tents about me: and deliver me from their tyrannies. Make me of that number, O Lord, whom thou hast ordained to be saved: place me among thy sheep, write me in thy book of life: Grant me these Petitions, and whatsoever else is needful for me, O most merciful Father, for thy dear Son Jesus Christ his sake; to whom, with thee, and the Holy Ghost, be all honour and glory, world without end, Amen.

*A Prayer for grace and remission
of sins.*

O Almighty God and Father of our Lord Jesus Christ, the God of all comfort and consolati-

on, have mercy upon me, hear my Prayers, I most humbly beseech thee, for thy dear Son Jesus Christ his sake, for his merits, and the cruel death he suffered, to deliver me from eternal death; send into my heart the spirit of truth, to work in me a true, stedfast and lively Faith, that the brightness & clearness of the Gospel may shine in me, and lighten my mind, that I may understand the unspeakable riches of my redemption in & by Christ; open the eyes of my mind, that I may know what the hope is whereunto thou hast called me, and how rich the glory of thy inheritance is: that by true Faith I may be an unfeigned Professor of thy Holy Name, and worship thee in spirit and truth. Write in my heart the love of thy Law, and hate to all sin, be merciful unto me I heartily beseech thee, most merciful Father,

ther, for thy Christ his sake, and for his deaths sake, thy mercy, truth and promise sake, have mercy upon me, pardon and forgive me all my sins, iniquities and offences whatsoever I have committed against thee, in thought, word, or deed, at any time heretofore by any means. Though I be poor, my Christ is rich; though I be a sinner, he is righteous; though I be impure, yet he is pure and Holy: for his sake therefore be merciful unto me: wash me from my filth and wickedness, cleanse me from my evill, forgive me my sins, forget my iniquities, pour out thy Holy Spirit upon me, write thy law in my heart, grave it in my mind; give me the Spirit of prayer; make me diligent and happy in the works of my vocation, take into thy custody and governance for ever my Soul and my body, my life,

life, and all that ever I have. Tempt me never further than thou wilt make me able to bear : and whatsoever thou knowest I have need of in soul or body, dear God, and gracious Father, vouchsafe to give me the same: and as thy child guide me, so that my life may please thee, and my death praise thee, through Jesus Christ my Lord. For whose sake I heartily pray thee to grant me these things thus asked ; and all other things necessary for my Soul and body : and grant unto me, poor creature, thy blessings and Holy Spirit to sanctify me, and dwell in me as thy dear child : to keep me this day and for ever from all sins and evil, to thy eternal glory, and my everlasting comfort, and the profit of thy Church, which mercifully maintain, cherish, and comfort : keep me in thy truth, pour upon me, O Lord, thy
Holy

Holy Spirit of Grace and wisdom,
to govern and lead my body and
Soul in thy Holy word and Com-
mandements: shew thy mercy up-
on me, and so lighten the natural
blindness of my heart, that I may
dayly be renewed by thy Holy
Spirit. Open my hard heart, and
gross ears, to read thy word, hear
thy Heavenly voyce, and believe,
and follow it in my life and con-
versation, and ever hold fast that
blessed hope of everlasting life:
mortify and kill all vice in me, that
my life may expresse my Faith in
thee: mercifully hear the humble
supplication of thy servant, and
grant me thy peace all my daies:
for Christ his sake be merciful unto
me: cast all my sins out of thy
sight, pardon my infirmity, and
defend me in all dangers, both out-
wardly in my body, goods, and
name, and inwardly in my Soul,
against

against all temptations, and subtil baits of Satan: grant that I may truly and Godly serve thee; increase in me true Religion, replenish me with all goodnes, and of thy great mercy keep me in the same unto the end; give unto me the spirit of prayer, true humility, perfect patience, and continuall joy in the Holy Ghost: and forasmuch as I must beat war with many enemies, grant me grace, and arm me with thy defence, that I may stand with an invincible constancy against all corruption, wherewith I am compassed on all sides, until such time as I having ended this combat, which during life I must sustain, I may in the end attain to thy Heavenly rest, which is prepared for me, through Jesus Christ my Lord and Saivour, Amen.

Another

Another Prayer for remission of sins.

O Eternal God, behold me a poor and sinful creature, and a worm of the earth: against thee O Holy Father, against thee have I sinned: gracious God, cast not away a contrite and penitent heart humbly calling upon thee, but turn thine eyes of mercy towards me: and forgive me the sins of my youth; cast me not away, neither take thy Holy Spirit from me; but give me the comfort of thy help, and stablish me in the truth; keep me thy poor creature, and destroy me not because of my iniquity, but be merciful unto me, for thy Son Jesus Christ his sake: let not thy heavy hand of justice destroy me: neither leave me in my sins: pitiful Father, even of thee which art the God of mercy, I wretched sinner do ask mercy and forgiveness of all my sins; therefore for the glory

glory of thy name, deliver me from
sin, and forgive me all my sins: for
as thou art God, so art thou graci-
ous and merciful; & wouldest that
none should perish, but all should
be saved. Spare me, O Lord, and
for thy names sake forgive me all
my sins; and put out of thy sight
all my offences, give me a new
heart, and take from me all wicked
desires, that I may evermore live
according to thy will; give unto
my eyes good store of light, that I
sleep not to death, & that my sins
prevail not against me: work in me,
O Holy Spirit, that I may ever de-
sire and covet that which is most
pleasant and acceptable in thy
sight; and that I have no desire to
will or not to will, but as thou wilt.
O God, most Holy, Mighty, and
Merciful Saviour, be merciful unto
me, and cast me not off in my age;
forsake me not, nor shut not thy
ears

ears from my prayers; but be merciful unto me, and forgive me all my sins. Most dear and blessed Saviour, comfort the Soul of thy servant; for unto thee do I lift up my heart and mind: shew me thy mercy, & grant me thy Salvation; early in the morning will I cry unto thee, for thou art good and gracious, and of great mercy to them that call upon thee: deliver me from among the wicked, that I may give thanks unto thy Holy Name: make me to understand thy truth, knit my heart unto thee, that I may fear thy Name. Turn thee unto me, and have mercy upon me, and give me thy help and succour; hear the prayer of thy servant, hide not thy face from me, but have mercy upon me; I will alway call upon thy Name: be thou present with me, and forsake me not; but in the day of judgment, vouchsafe, O blessed

blessed King, to place me among
thine elect and holy people, that I
may behold the glorious counte-
nance of thy divine Majesty, and
be filled with the exceeding sweet-
ness of thy blessed presence, which
is life everlasting; grant this for
thy mercies sake, Amen.

Prayer for true repentance.

O Lord God, which art full of
mercy and compassion, long-
suffering and of great goodness,
which continuest thy mercy for
thousands, taking away iniquity
sins and offences: thou callest after
thy wanted mercy by thy word to
repentance and hearty conversion:
for unto all and every one is
repentance and forgiveness of sins
preached in thy Name. I acknow-
ledge the riches of thy tenity,
patience and long-suffering, in
that thou dost not suddenly take
away

away sinners from the earth, nor overthrow them in their wicked deeds doing; but givest them space to repent, which is a most notable argument, that thou wilt not the death of a sinner, but that he be converted and live: for thou art merciful over all, and forbearst the sins of men for their amendment: thou lovest all things that are, and hatest nothing that thou hast made; therefore unto thee, O most merciful God, do I cry, which knowest the hardness of my heart, and that I have no power of my self to rise up. Convert me therefore, O Lord, and I shall be converted. O shew me my offences, that striking my thighes, I may be heartily sorry for my sins committed; heal me, O Lord, and I shall be whole, save me, and I shall be saved, for thou art my praise: behold me a sheep wandering, and ready

ready to periſh: ſeek thy ſervant,
O Lord, that I forget not thy Com-
mandements, O Jeſus Chriſt look
upon me with the eyes of pittie, as
thou lookeſt on the ſinful woman
in the banquet, which proſtrate at
thy feet, did betterly bewail her
wickedneſſe: favour me as thou
didſt the Publican, who ſtanding
aſar off in the Temple, and ſtriking
his breaſt, ſaid, Lord be merciful to
me a ſinner: grant that among the
fears and terrors of Conſcience, I
may take hold of thee by a lively
faith, which haſt redeemed me from
the curſe of the Law, and art made
for me wiſdom, righteouſneſſe, ſan-
ctification and redemption: keep
me, O Lord, from deſperation; &
let me ſlie to thee my Mediator,
and through Faith have peace with
God, Reſtore in me the light of thy
law, that from my heart I may obey
thee my Redeemer, and walk in
newneſſe

newness of life: thou which hast suffered for me in the flesh, give me grace, that likewise in the same mind I may be armed for the mortification of the flesh; that I live not after the lusts of men, but after the will of God, I am sorry that I have spent the time of my life that is past in wantonness, in lusts, in excess of eating, and drinking, and other sins and wickedness: mollify my heart, that I may earnestly repent all my former sins and offences: and for thy most dear mercies sake, O Lord, forgive me the same: keep the devil under, that he trouble not my conscience with reckoning up my sins, or extenuating thy mercy, but grant me truly to come unto thee by hearty repentance; and that I may at all times, and in all places, lifting up pure hands, pray unto thee, & say, Lord forgive me all my sins and
offence

offences, and with deep ſighing,
and ſure confidence, confidently
perſiſt in making my prayers, ſup-
plications, interceſſions, and giving
of thanks for all thy temporal and
Heavenly benefits and bleſſings
beſtowed upon me. Hear, O Lord,
both now and evermore, all my
prayers, and grant my requests for
Jeſus Chriſt his ſake, who liveth
and reigneth with thee in the unity
of the Holy Spirit, one God now
and for evermore, Amen.

A Prayer for the remiſſion of ſins.

O Merciful God, if I wretched
ſinner, had not promiſes in
the Holy Scriptures of thy tender
mercies, for the comfort of my
weak conſcience and ſorrowful
heart, I ſhould have no remedy
(my ſins are ſo great) but muſt de-
ſpairo. But though my ſins were
never ſo many and abominable, yet

thy loving kindness are more innumerable, and thy mercies more infinite; thou wilt not the death of a sinner, but that he turn and live: thou camest into the world to call sinners, to save offenders, to seek that was lost, to ease those that were loaden with sin, O put my evil thoughts out of thy sight; wash me and make me clean, make me leave to do evil, and learn to do good; apply my self to equity, assist the oppressed, help the fatherless, hear the widowes, & let my scarlet sins be made as white as snow, and my purple offences like pure white wool. Cast my misdeeds behind thy back, and never more remember them: forgive me my sins, heal my infirmities, save me from destruction, and crown me with mercy and loving kindness; deal not with me according to my sins, nor reward me after my wickedness.

Look

Look how wide the East is from the West, so far hast thou set my sins from me; as a Father pitieth his own children, even so art thou merciful to them that fear thee; thou knowest we are as a glass, and as a flour of the field, which soon fadeth away, but thy merciful goodness endureth for ever.

O most gentle Saviour, thou art my loving Shepherd, which hast sought me running astray, laid me on thy merciful shoulders, and brought me home to the company of thy faithful; there is no whole part in my body, from the sole of the foot to the crown of the head, but all is wounds, sores and stripes, which can never be bound up, mollified and eased, except thou, O Lord, help me; O Lord make clean my wounds, pour the wine and oil of spiritual gladness into them, bind them up, make them perfectly whole,

whole, and bring them into thy everlasting habitation: heal me, & I shall be whole; save me, and I shall be saved: O Father, receive me home, embrace me in thy arms, favour me, that have ungodly and lawlessly bestowed thy Godly and vertuous gifts; which prodigal living greatly grieveeth me, and I am most heartily sorry that I have so heinously offended against thee. I most humbly beseech thee to have mercy upon me, forgive me my sins, and receive me into thy favour.

Take from me the rags of impiety, and cleath me with the garment of innocency, and put on me the shoes of peace, that I may walk in the wayes of thy Holy Commandements; give me grace unfainedly to repent and amend my life, that the Angels in Heaven may rejoyce at my coming; and

wash me more and more from my
sins, that I may be clean, and appear
beautiful in thy glorious sight, and
rest for ever in thy Heavenly Man-
sion, Amen.

*A Prayer for blessings and forgive-
ness of our sins.*

O Heavenly Father, I beseech
thee, give me grace to flee
from all sin, drunkenness, and glut-
tony; as from beastly vices, and
pestilent pestilences; and use thy
good creatures soberly, temperate-
ly and thankfully: keep me from
fulfilling the lusts of the flesh; let
me watch and pray, that I fall not
into the snares of the devil; and
live soberly, watch warily, pray
continually, look diligently for
the coming of my Saviour, that I
may be ready to enter with him in-
to everlasting glory. O Saviour,
give me grace to visit the sick, and
prisoners

prisoners, comfort the fatherless,
feed the hungry, cloath the naked,
 lodge the harbourless, and do those
things which are most acceptable
in thy sight.

I confess and acknowledge unto
thee my sins and offences; my
transgressions are infinite, as the
sand of the Sea: I have departed
from thee, and I have not kept thy
Commandments as thou hast com-
manded me: give me thy righte-
ousness, and forgive me all my
sins; Finally, I beseech thee, most
merciful Father, deliver me from
this evil world, humane fear, and
all infirmities of the flesh and
mind, from false Prophets, bad bre-
thren, and lowd persons: Defend
me from the hands of mine ene-
mies, from all evils present and to
come, both in Soul and body: give
me grace to serve thee in good
works; and for thy Names sake,

Deliver me from all evil: ſea me
with thy Holy armour; weapon me
with thy bleſſed Word: Inſtruct
me by thy Holy Spirit, that I may
ſerve thee in holineſs and righte-
ouſneſs all the dayes of my life:
break the bonds of my ſins, ſhake
them out of thy fight, fully forgive
me all my offences; & let me poſſeſs
the inheritance of thy Heavenly
Kingdom. To thee, O Father, Crea-
tor, Protector, Governor and De-
fender, and to thy beloved Son Je-
ſus Chriſt, our Peace-maker, Mercy-
ſeat, Redeemer, Juſtifier and Ad-
vocate, and thy Holy Spirit, our
Sanctification, Wiſdom, Teacher,
Inſtruſtor and Comforter, be all
dominion, power and glory, for
ever and ever, Amen.

A very

*A very fervent Prayer for remission
of sins, and many good Petitions.*

GRant me, most gracious God,
thankfully to acknowledge
thy great mercy; make me encrease
in repentance, faith, prayer, in cor-
recting the world, in hearty desi-
ring life everlasting, & thy blessed
presence. Grant me (O most gra-
cious Lord) thy Holy and sanctify-
ing Spirit, that I may heartily and
faithfully pray unto thee with a
pure and clear mind, with an hum-
ble and lowly heart; accept me
in thy favour, write thy Law in
my heart, and so work in me, that I
may believe in thee, fear thee, love
thee, obey thee, and serve thee, as
thou requirest. O loving Lord, for-
give me my unthankfulness, and all
my sins. O Father assure me of my
everlasting salvation in Christ, re-
veal thy truth unto me; confirm,
E 3 strengthen

Strengthen and stablish me in the same; that I may live as a vessel of thy mercy: endue me with the spirit of wisdom; keep me that I follow not the counsel of the wicked, walk not in the way of sinners, nor fulfil the lusts and desires of the flesh; guide my lusts, & conduct me, that I may do those things that please thee, and hate those that offend thee; fasten me, and plant me sure in the land of the living, and let me not be carried away with vehement blasts of the wicked world; direct and order my paths, that I may walk in thy wayes; arm me with patience, and assist me with thy holy Spirit, that I may shake off the bonds of the wicked, and cast away the yoke of sins and impiety; so guide me, that I may alwayes serve thee in truth and verity, & in true Faith obey thee. I beseech thee receive me under thy blessed safeguard;

guard; be my buckler, give me thy succor, that I may walk in thy truth before thee, and rejoyce onely in thee: O Lord, hear me lamentably calling upon thee: O Christ, which art my righteousness and innocency, comfort me in all adversity. Hear me mercifully when I call upon thee: make me live in awe of thee, and evermore be afraid to offend thee, or sin against thee: give me the light of thy countenance, and let me feel and taste thy favourable goodness. Grant me peace and tranquillity, firm hope and stedfast Faith in thee. Have compassion on me, for I may sore vexed; heal my Soul, help me, and deliver me from all my sins; for thy mercies sake hear my lamentable voyce, hear my sorrowful cry, grant my petitions, confound my enemies, deliver me from all inconveniences, free me from all grief

and heaviness: grant I be not overcome with the derelicts of the wicked; lighten mine eyes; that I may rightly discern thee, and walk constantly in the way of truth, through a stedfast faith. O Lord God consider me, regard me with the eyes of thy mercy; keep me from sinners; let my heart rejoyce in thy Salvation, that I may sing praises and render thanks unto thee, for that thou hast delivered me from all my sins and transgressions, free me from all impiety and ignorance, that I may earnestly seek thee; keep me as the apple of thine eye, defend me under the shadow of thy wings; and satisfy me with the desire of thy glory; shew me thy way, teach me thy paths, deliver me from all ungodliness, wipe out all my sins and offence, and clearly forgive me all my iniquities, for thy most dear mercies sake, Amen.

A most

*A most Godly Prayer for repentance
and life everlasting.*

O God Almighty, that hast created me of nothing in the Celestial form of mankind, and by thy Holy Word govern and taught me to know, confess, honor and serve thy omnipotent Majesty, so as where I was far from thee by sin, I am now by thy grace brought near thee, and reconciled to thy favour as a son. Therefore as one environed with many sorrows, perils, wretchedness, and calamities, amidst the swarms of innumerable enemies that seek to spoil me: I call for thy help, which art the onely sure and invincible fortress where in I may be saved. O Father stretch forth thy mighty hand, and give me a joyful victory against the power of the malicious enemies that would spoil me from the bot-

tom of my heart I cry unto thee
to save me; and for the love of thy
dear Son, deliver me from all sin,
and the power of darknes, and by
thy Holy Spirit lead and guide me
in thy light, and paths of thy most
glorious and Heavenly grace, that
in this short and transitory life (be-
set round with many storms, perils
and deceits to perdition) I may
alwaies cleave fast unto thee, and
utterly despising all earthly pomp
and vanity; I may port unto the
Port of perpetual peace and safety,
there to possess the triumphant &
eternal joys, which are prepared
for thine elect.

Open the eyes of thy fatherly
pity, I beseech thee, and give me
grace earnestly to repent my
misdeeds, put away my sins, and
forgive me all my offences; renew
whatsoever is decayed in me, either
by the fraud & deceit of the devil,
the

the vanities of the world, or my own carnal will and frailty: let me put my whole trust in thy mercy; impute not my sins unto me, but take me into thy favour, and blessing strengthen me with thy Holy Spirit, pour upon me the manifold gifts of thy grace, the spirit of Wisdom, Truth, Meekness, Love, Peace and Patience, that I may live here in this life Godly and vertuously, die in thy Faith and fear, and reign with thee in the world to come in everlasting glory; Amen.

A Prayer of thanksgiving, & for remission of sins.

O Almighty and eternal God our gracious and merciful Father, all praise, honour and glory be given to thee. O let me extol and praise thy name for ever and ever: for thou hearest my prayers, grantest my requests, and abundantly

dantly pourest thy graces and benefits upon me: thou chosedst me before all eternity, write my name in thy book, and make me fellow heir of thine everlasting Kingdom; I will praise thee for creating me after thine own similitude and image, in wisdom, innocency, holiness and righteousness, little inferior to the Angels; for redeeming my Soul and body from destruction, for forgiving me my sins, and delivering me from death everlasting. I thank thee for that precious Jewel of thy sacred Word, for teaching and comforting me, for preserving my Soul and my body in health, peace and liberty, for the use of thy good creatures, both for my necessity and delight, for food to nourish me, apparel to cloath me, the benefit of rest to refresh me; O gracious God, give me thy special grace, that I may morning
and

and evening, and at all times praise
and highly magnify thee, and ever
offer this sacrifice, even the calves
of my lips, unto thy Heavenly Ma-
jesty: sanctify my senses to thy
honour and glory, charge thine
Angels to pitch their tents about
me and save me. Give me power
and strength against Sathan, sin,
iniquity, and all ungodliness, and
let me never more offend thee:
bless my endeavors, the beginnings
and issues of all my affairs, fill my
heart with thankfulness to thee,
and charity to others, protect me
in all places, defend me from all
dangers, and let thy blessings be
with me wheresoever I become. O
Lord, grant me grace still to praise
thee, and ever heartily to pray unto
thee, good Lord hear me, and free-
ly forgive me all my sins, for Jesus
Christ's sake: To whom with thee,
and the Holy Ghost, be all praise,
thanks,

thanks, honour and glory, now and
for evermore, Amen.

A very sweet prayer for repen-
tance, of all other things what so
ever is best, and life everlasting.

O Most mighty God of Angels
and Men, whose wisdom is
infinite, and judgements unsearch-
able, heare the prayers of thy servant
and give ear to the humble peti-
tions of thy poor creature. O let me
incline my Soul unto thee, and let
my eyes upon thee, turn thy anger
away from me, and let me find fa-
vour in thy sight. Heal my soul that
hath sinned, free me from my trans-
gressions, pluck me from my offen-
ces, for I acknowledge my faults,
and am sorry for my sins. Pride
and arrogance hath beguiled me,
foolish boldness overtaken me, and
my own counsels and devices mis-
led

led me, thou hast counselled me,
and I followed it not, thou diddest
strike me, and I regarded it not,
thou didst correct me, and I recei-
ved not thy discipline: have mer-
cy upon me, O Lord, have mercy
upon me, I most humbly beseech
thee, hear my prayers, forgive the
sins of my youth, and turn thy dis-
pleasure from me. Come unto me,
O Lord, and save me, destroy not
my Soul whom thou hast so migh-
tily redeemed, but arise and deliver
me; save me for thy mercies sake:
grant me sorrow for my sins, and a
fountaine of tears for my offences,
that I may daily bewail my iniqui-
ties. Let my prayer enter into thy
presence, and my cry come unto
thee, help me in my troubles, hear
my prayers, and freely forgive me
all my sins. O God almighty, behold
me thy unworthy servant, give
me thy holy Spirit, frevently to de-
fire

fire thy Kingdom : acknowledge
thy will, and work therefore : give
me wisdom, constancy, patience
and strength in thee, let thy mighty
arm preserve me from the invasion
of the devil, the cursings of evil
tongues, the malignity of the wicked
world. Give me grace to repent
my misdeeds, be sorry for my sins,
and penitent for my offences. Make
me love justice, hate wrong, and
abstain from evil; take care of my
Soul, forgive me my sins, and save
me thy servant. Give me what thou
wilt, as much as thou wilt, & when
thou wilt, do with me as thou wilt:
put me where thou wilt, and in all
things rule me as thou wilt : grant
me grace to dispise worldly vani-
ties, mortify carnal affections, and
give my mind wholly to Heavenly
meditations : assist me with thy
grace, strengthen me with thy hea-
venly power, comfort me with thy
Holy

Holy Spirit, that neither my cruel enemy, my wretched flesh, or subtle spirit, have dominion over me. Deliver me, O Lord, I beseech thee, from the cares of this world, keep me from bodily necessities, let me not be overcome with voluptuous pleasures of the world, the allurements of the flesh, or indignation of the devil. Let not flesh and blood overcome me, the world with his vain-glory deceive me, nor the Fiend with his manifold crafts supplant me, but give me Ghostly strength in resisting them, patience in suffering them, and constancy in persevering to the end. Give me for worldly delights, the sweet consolation of thy Holy Spirit; for fleshly love, the fervent love of thee, & thy heavenly wisdom, that I may seek thee, find thee, and above all things faithfully serve thee. In temptation strengthen me:

In

In tribulation succour me, So from
all my enemies, both bodily and
Ghostly, freely deliver me. Give me
grace to despise all worldly things,
all motions of sin, & let no vanity
deceive me. End (O Lord) my
miseries, deliver me from the bon-
dage of sin, & grant me a full sight
and contemplation of thy glory,
through Jesus Christ our Lord and
Saviour, Amen,

*A Prayer or meditation, whereby
the contemplation of light and
darkness is stirred up, with a re-
membrance of the shortness of our
life, and for life everlasting.*

AS my body, O Lord, is com-
passed with thy blessed light,
so let my mind with thy Heavenly
light be illuminated, and as thou
givest me corporal light, so I
beseech thee give me spiritual light,
for sure I believe my body shall be

as clear as the Sun in the day of
Judgment, and as the Sun riseth in
the morning, is highest at noon,
and in the evening draweth down-
ward, so my life, and all things in
this world (how gracious soever)
being at the highest, decrease and
wear away: grant me therefore (O
God) a quiet and contented mind,
which is most like thy Holy Name.
And as houses are ordained to keep
us from the injury of weather,
cruelty of beasts, disquietness
of the people, and dangers of the
world, so grant, most gracious Fa-
ther, that my body may enter into
thy Heavenly Mansion, wherein
my body and Soul may have rest,
peace and joy everlasting. O take
from me this vail of sin, and let me
ever have clear light in my mind,
and as I am not sorry when the Sun
goeth down, so let me rejoy in
death, whereby I come to thy Hea-
venly

venly habitation. Thou which art the Author of light, take away the dimness of my mind, and let me see clearly, let thy word be a lanthorn unto my feet, and a light unto my paths: as after the day I give myself to rest in the night, so most meek Father, govern and prepare me, that after this life I may rest & live with thee in eternal glory. Nothing is so like life as day, nothing is so like death as night, nothing so like the grave as the bed, and as I fear not to enter my bed and sleep, so let me not fear to die, but prepare my self for it, that after the temptations, troubles and tempests of this world be ended, I may enjoy that Heavenly, pleasant and delectable rest, that is prepared for thine elect, which grant me sweet Father, for thy Son my Saviour Jesus Christ his sake, to whom, with thee and the Holy Ghost, be all honour

honour and glory, Amen.

*A Prayer to spend our life, so as we
may live in Heaven eternally.*

Dear Father, God of Heaven
and earth, I miserable and sin-
ful creature; do prostrate my self
before thy Majesty, desiring thee
from the bottom of my heart, to be
merciful unto me, & though I am
not worthy to receive the least fa-
vour of thee, and from thee, yet of
thy fatherly care over me, thou gi-
vest me thy blessings abundantly,
yet my weak nature is such, as I for-
get from whence these good graces
flow, and am no way thankful for
the same, but like the gurmundi-
zing Glutton, continue in my vain
desires and wordly pleasures,
which in a moment shall vanish;
endue me therefore, most dear Fa-
ther, with thy Holy Spirit, and give
me grace to spend the short pilgri-
mage

mage of my life wholly in thy
 testimonies, that I may joy in the
 ſervice of thee, and continually be
 careful to pleaſe thee, ſo that when
 thou ſhalt mow up the rooſe of this
 tranſitory life, I may be ready like
 the wiſe Virgin with my lamp bur-
 ning, that paſſing from this dark
 vale of miſery, I may be received
 to thy bright joy and everlaſting
 habitation, Amen.

*A Prayer to God to take care of us,
 and preſerve us, and forgive us our ſins.*

O Father that madeſt the light,
 lighten mine eyes, that I ſleep
 not in death, and let not my
 enemies or ſins prevail againſt
 me, drive me from the darkneſs of
 ignorance, and illuminate me with
 thy Holy Spirit, that I may diſpiſe
 the deceitful delights of this world
 and earneſtly ſtrive for the true
 joy of Heave'n, that I may heartily
 forſake

forſake all tranſitory things, and
 endeavour to attain things eternal:
 preſerve me from the aſſaults of the
 devil; keep me from all ſin, and de-
 liver me from ſudden death, grant
 me ſolace in tribulation, aſſiſtance
 in temptation, and after death ſave
 me from condemnation. I beſeech
 thee, and from the bottom of my
 heart intercede thee, to direct me in
 the way of thy Commandements,
 that I may begin; continue and end
 my life to thy glory; and the ſalva-
 tion of my Soul, keep me from ſin,
 reſtrain me from iniquity, cool the
 heat of my concupiſcence, that
 reigneth in me; let me lead the rem-
 nant of my life in thy fear and
 love; direct my heart, body, ſenſes,
 ſpeeches and actions in thy Law,
 and works of thy Commande-
 ments, that leaving the delights of
 this world, I may thiſt for thy
 Kingdom. Curb the devil that he
 hurt

hurt me not, grant me thy mercy,
and forgive me my sins. Further-
more, O Lord, give me purity of
heart, austerity of the flesh, mortifi-
cation of my appetites. Watch
my eyes, and bridle my tongue, let
me desire nothing but thee, and be
ever more mindful of thee. Give me
humility of heart, patience, obe-
dience, meekness, charity, con-
stancy, and endue me with thy
Heavenly grace, and Christian
goodness; Amen.

*A Prayer for the aid and protecti-
on of God in our affairs.*

O Omnipotent, and eternal
God, who art the life, the way
and the truth, behold I walk among
the temptations of the Devil, the
snares of the world, and frailty of
the flesh: open therefore, O Lord,
my eyes, be thou my guide & con-
duct me right, be in my way. O
Lord,

Lord, my succour and solace : in
heat a shelter, in cold a garment, in
weariness a rest, in shipwrack a
haven : guide me in thy paths, and
teach me thy waies, beat me down
and humble me, that I trust not in
terrestrial things, but erect my spirit
and mind to Heaven, and there to
fasten my hope ; direct my intent
to that end, and let me so live on
earth, as I may be received into thy
everlasting Kingdom. Grant that I
may learn so to rest in thee, and
trust in thy blessings, that I may
abstain from all evil ; look after
celestial riches, and learn to be
content with what it shall please
thee to bestow upon me. Lord have
mercy upon me, and hear my pray-
ers, turn my sins from thee, & save
me for thy mercies sake, there is no
man can heal me, nor deliver my
soul, but thou O Lord: my destructi-
on cometh of my self, my hope and

Salvation ſtandeth onely in thee:
in the time of reconciliation hear
me, in the day of death deliver me,
and for thy mercies ſake have mer-
cy upon me, be merciful unto me,
which have none but thee to help
me, deſtroy me not becauſe of mine
iniquity, nor be no longer angry
with me, let my prayers aſſend un-
to thee, and be thou my health and
Salvation : I acknowledge I have
many waies from my youth hither-
to moſt grievouſly offended thy
divine Maieſty, for which, O God,
be merciful unto me a moſt wret-
ched ſinner, forgive all that is paſt,
ſave and defend me from all evil
hereafter, confirm me in a Godly
life, to the honour & glory of thy
blessed Name, Amen.

A very

*A very good Prayer for forgiveness
of sins.*

O Celestial Lord, Omnipotent
and eternal Father, I bless thy
divine Majesty, I praise thy infinite
bounty and mercy, I magnify thy
eternal wisdom and truth, which
with thy mighty hand hast ever de-
fended me from all perils, dangers,
and enemies, comfort me, cherish
me, maintaine me, & for ever here-
after defend me, that my mouth
may set forth thy glory: Praise the
Lord, O my Soul, I will praise the
Lord, and all my life sing praises
unto his Holy Name. Preserve and
defend my Soul and my body from
all perils, preserve me from worldly
slanders, drive mine enemies from
me, guard and protect me that I
never offend thee, or with my sins
grieve thee, early in the morning let
me seek thee, in the evening let me

praiſe thee, and be ever careful to
pleaſe thee: puniſh me not accor-
ding to my ſins, but be merciful
unto me for thy great goodneſs
and mercies ſake. Reprove me not,
O Lord, in thine anger, nor correct
me in my wickedneſs: ſhew me thy
mercy, and grant me thy Salvation,
free me from thine anger, deliver
me from ſudden death, and ſave
and keep me from eternal damna-
tion. Grant that I may ſo follow
Holineſs all my life, that thy glory
may ſhine in my good works, and
that I may enterprize nothing, but
that which ſhall be to thy praiſe
and glory: Exempt me from the
world, & all filthineſs of the fleſh,
keep me ſo diligently, that I may
follow true goodneſs and piety.
Grant I may apply my heart unto
thee, purge it from all immunity
and filthineſs, make me abſtain
from all evil deeds, deceits and
cruelty.

cruelty. Deliver me from sin, wickedness and all evil; send thy Holy Angel to guide me in my doings, and keep me in thy wayes, that I may not do, think, or will any thing contrary unto thy Holy Will and Commandements, let me sing and rejoyce before thee, worship and serve thee, and come into thy presence with mirth. Thou madest me, I am a sheep of thy flock; remember not, O Lord, the ignorance of my youth, but according to thy great mercy be mindful of me, turn my wailing into joy; cut my sack of sorrow into pieces, and cloath me with celestial gladness, that I may sing to thy glory, world without end, Amen.

*A good Prayer for a ſinner, and for
Gods grace to keep him from ſins;
and grant him life everlaſting.*

O Lord let thy grace ſpring in
my heart, ſuffer me not to
perish with the ungodly, direct me
with thy rule of juſtice, make plain
thy way before me, leaſt the wicked
ſpirit put me out of it, defend me
with thy grace as a ſhield, gather
me under thy wings, and keep me
faſe among thy feathers, ſend thy
truth and light to lead me, and
bring me to thy Holy dwelling. O
my Soul truſt in the Lord, he is my
God and my Helper. Have mercy
upon me, O Lord, thou God of all
things, have reſpect unto me, ſend
me thy fear, and beſtow on me thy
mercy.

Awake, O my Soul, and ſtand up
from death, that Chriſt may lighten
thee with the beams of his mercy :
ſhew

shew me the way that I shall walk
in, and deliver me from mine ene-
mies, for I flie unto thee. Teach me
to do those things that shall please
thee, let me put my trust in thee,
and have mercy upon me, look
upon my adversity and misery, and
forgive me all my sins: O keep my
Soul and deliver me, and let me ne-
ver be confounded, but be merciful
unto me, and have mercy upon me,
watch (O my soul) for thou know'st
not when the Lord will come: watch
and pray, O my Soul, that thou en-
ter not into temptation, watch (O
my Soul) fast & pray, and be strong
in faith: set a watch, O Lord, before
my mouth, & keep the door of my
lips, and let not my heart be incli-
ned to evil. O keep me in thy paths
that my foot-steps slide not, hear
me, and have mercy upon me, knit
my heart unto thee, that I may fear
thy Name, ponder thy waies, confi-

der my meditations, and mercifully
hear me: lead me in the right way,
let no wickedness have dominion
over me, turn all voluptuousness
from me, take from me the lusts of
the flesh, let not uncleanness take
hold of me, give me not over to an
obstinate mind, turn my eyes away
from vanities, let thy loving mer-
cies come unto me. Suffer me not,
O Lord, to enter into the way of
sinners, but whensoever through
frailty of my corrupt nature I run
astray, then, O Lord, stay me, and
pluck me back again, that I may
joy in the desire of thy Law, that I
may ever choose & do those things
which are most pleasant to thee,
and hate all that offend thee.

Plant me by the water side, and
let me bring forth fruit to thy
honour & glory: grant that I may
stand in the assembly of the righte-
ous, that I may escape all punish-
ment,

ment, he delivered from condemnation, and with thy Saints and Holy Angels live in everlasting glory, world without end, Amen.

A confession of sins, necessary to be said at all times, and forgiveness of sins.

O God and mercifull Father, be merciful unto me, for many enemies fight against me, O God most high, I here prostrate in heart confess my abominable wickedness, wherein all my life long I have offended thy Heavenly Maiesty in thought, word and deed, which are infinite, and cannot be numbred; make them, O Lord, odious and grievous unto me, make them detestable in my sight, give me the grace of true repentance, grant unto me sinful wretch, the forgiveness of all my sins, and release me from all pain due for the same. Thou hast

Comman^ded us to ask and pray,
and thou wilt forgive; to knock,
and thou wilt open: Grant me, O
Father, I beseech thee, a continual
and stedfast Faith, and onely hope
in thee and in Christ Jesus, that I
may cry, O God the Father, have
mercy upon me, O God the Son,
have mercy upon me, O God the
Holy Ghost, have mercy upon me,
O glorious and blessed Trinity,
have mercy upon me, and forgive
me all my sins and wickedness, that
I have committed and done ever
since I came into this miserable
world, until this present hour: and
grant, O Father, I wretched sinner
beseech thee, that I never hereafter
fall into any sins or offences. De-
fend me against all my enemies, the
devil, the world and the flesh. O
Christ, which camest into the world
to ease those which were laden, to
seek those that were lost, to call
sinners

sinners to repentance, and to give
 life everlasting to the faithful, I
 poor sinful creature from the very
 bottom of my heart bewail and
 lament my wretched and sinful life,
 beseeching thee, according to thy
 promise, to be merciful unto me, to
 be my Mediator to God the Father
 for me, that he may fully & freely
 forgive me all my sins whatsoever
 formerly committed against thee:
 and wholly possess my heart with
 thy Holy Spirit, that he may defend
 me against all perils to come, which
 the devil, the world, or the flesh
 imagineth against me, and so
 change me into a new man, that my
 old sins being washed away by thy
 precious blood, I may walk from
 Vertue to Vertue, to the praise of
 thy blessed Name, Amen.

*A general confession of sins, with
Prayer for the remission of the same.*

O Most merciful Lord God, most
dear & tender Father, vouch-
safe I beseech thee, to look down
with thy Fatherly eyes of pity upon
me, most vile and wretched sinner,
who lies heartily prostrate before
the feet of thy bottomless mercy, I
am not worthy to be called thy son,
but for that thou art the God and
Father of all comfort, and desirest
not the death of a sinner, but takest
care to cure my wounded Soul:
pour, I pray thee, the precious oyl
of thy feet comfort into my
wounds, that I may joyfully run
into the lap of thy everlasting pity:
thou art my hope & trust, in whom
I onely repose my self, I accuse my
self unto thee, that I have sore and
grievously offended thy Almighty
Majesty, in committing grievous
and

and manifold sins and wickedness,
that I have not kept the least of thy
Commandments, as thy righteousness
requireth of me, I have not
honoured thee as a God, dread
thee like a Lord, nor loved thee
like a Father, nor used thee as my
Saviour. Thy Holy and dreadful
Name I have used in vain, I have
followed the Prince of the world in
concupiscence of the flesh, in pride
of living, in covetousness, in gluttony,
in hatred, in envy, in backbiting,
in despair, and in misbelief,
but in what manner soever I have
offended thy most godly Majesty,
I am heartily sorry for it, even
from the bottom of my heart, and
in token of my hearty repentance,
I knock and strike my breast, and
in the bitterness of my Soul I cry
and say, Lord God Father have
mercy upon me, Lord God Son
have mercy upon me, Lord God
Holy

Holy Ghoſt, have mercy upon me,
ſpare me of thy infinite mercy, and
grant me thy abundant grace, that
I may change my ſinful life, put off
the old man with all concupiſcence,
that I may die unto the world, and
the world unto me: ſtrengthen my
heart in true humilicy, perfect love,
hope and truſt in thee. Give my
Soul grace to deſire onely to re-
joyce and reſoſe my ſelf in thee,
that I may utterly forſake the vain
affiance of the world, that I may
be ready to go with thee whenſo-
ever thou ſhalt come upon me: Be
thou, O Lord, alwayes unto me a
Tower of ſtrength, a place of
refuge, and defend me againſt the
Fiend and all deſparation, let thy
comfort cleave unto me, thy mercy
keep me, and thy grace guide me.
Take, O Father, that thou haſt
made, take, O Son, that thou haſt
with thy precious blood dearly
bought,

bought, take, O Holy Ghost, that thou hast kept & preserved by thy grace, to draw me near unto thee. Hear my prayers, forgive me my offences, comfort me in my afflictions, let my ghostly enemy have no power on me, but give me strength to withstand his deceitful snares, let me live to my comfort, die in the true faith, and rest with thee in thy everlasting Kingdom, Amen.

Another prayer for forgiveness of sins & to be guided by the grace of God to preserve and keep us.

O Maker of Heaven and earth, King of Kings, and Lord of Lords, which of nothing diddest make me thine own image, diddest redeem me with thy precious blood. I am not worthy in my heart to think on thee; nor in my mouth to name thee, therefore I humbly desire thee, and meekly pray thee, gently

gently to behold me thy unworthy
servant, and have mercy upon me,
as thou haddest on the woman of
Canaan.

Unto thee I confess my sins, have
mercy upon me (L O R D) for I
have most grievously offended
thee in pride, covetousness, leache-
ry, vain glory, hatred, envy, adulte-
ry, indissolute and wanton living,
in idle words, in thinking, sleeping,
and doing all things wherein frail
men might sin, therefore I most
humbly pray and beseech thy
goodness, have mercy upon me,
and forgive me my sins. Thou art
my hope, trust and defender, my
help, strength, life, health, resurre-
ction and redemption; I therefore
most humbly pray and beseech
thee, help me, defend me, make me
strong and comfort me: Visit me,
and receive me, I am thy servant &
bond-man (though evil and a
sinner)

sinner) therefore I flee unto thee to be received, If I be unclean, thou canst make me clean; if I be sick, thou canst heal me: if I be dead, thou canst receiveme, for thy mercy is more than my sins; and thou canst forgive more than I can offend: Therefore, O Lord, consider not the number of my offences, but according to thy great mercy have mercy upon me, say unto my Soul, thou art my Salvation: O be not angry with me, but most meek Father, for thy mercies sake, forgive me all my misdeeds, grant that I may truly know thee, with my heart believe thee, and mouth confess thee. Purify my heart with the fire of love, mortify in me whatsoever is amiss, garnish my mind with thy Heavenly benefits and Spiritual gifts, arm my Soul against the crafty assaults of the subtil serpent, the vain pleasures of the world, and the

the ſewd luſts of the filthy fleſh.

O Saviour have mercy on me,
which have committed many ſins
againſt thee, and have miſpent the
gifts of grace that thou ſo lovingly
didſt give me: be merciful unto me,
O bountiful Lord, & I will wholly
put my truſt and confidence in thy
mercy. Let me ever dread thee,
love thee, and ſerve thee with all
my heart, mind, will, might, power
and ſtrength of Soul and body:
and grant that I may do all things
according to thy will: let all my
offences be forgotten before thee,
& make me perſevere in vertuous
living, that I may order my ſelf in
this world to thy will & pleaſure:
let me depart out of this world in a
clean and pure life, for the comfort
and Salvation of my ſinful Soul:
and moſt merciful Lord, I pray
thee, to give me ſtedfaſt Faith, true
hope, and fervent charity, give me
thy

thy grace and merciful aid in all my ways, to pursue and follow thy will and Commandements, to eschew my own frail will and desires, and false enticements, so in this life I may live a true Christian, and after death behold thy most glorious face in Heaven, Amen.

A devout Prayer for all Christians.

O Lord, which hast vouchsafed of thy unspeakable goodness, to make and ordain me thy creature, to live in this transitory life, giving me a reasonable Soul, by which I know thee, my Lord and my God. O Most blessed Lord, I wretched sinner confess my wicked and abominable sins, I humbly ask thee mercy and forgiveness for the same, grant me thy strength to stand sure in Faith, thy knowledge to work thy blessed will, thy power to resist all errors & wicked imaginations;

nations; thy wiſdom to know the truth, give thy help, I humbly beſeech thee, that thy Holy Spirit may guide me, and all the thoughts and deſires of my heart; for the thoughts of men are miſerable, and their deeds uncertain; comfort therefore my Soul, let it walk in thy Laws, and waies, & work thy will, ſuffer no worldly perſwaſions to take place or root in my heart, but by thy Holy Spirit ſo direct my waies and works that they may be acceptable in thy ſight. Suffer not my Soul to periſh, whom thou haſt ſo dearly bought, but have mercy upon me, make me poor in ſpirit, low in heart, content with my calling, & let my Soul reſt in thee, let me love thee as a Father, a forgiver, a Saviour, and fear thee as a Lord, a Judge, a Revenger. O Father, put from me my ſins and wickedneſs. make me to walk in the way of thy
Com-

Commandements, let me reverently
fear thee, and stand in awe of thy
judgements, let me love thee as a
Saviour, honour thee as a Lord, &
fear thee as Judge. Grant me
grace to set thy fear before me, to
stand in awe of thee, and of thy
judgment, that I do nothing to
provoke thy heavy displeasure
against me, that I may walk in thy
fear and Holy Ordinances, and
imbrace those vertues that shall
evidently declare my faithful love,
true honour, unfained repentance,
& humble fear towards thee. Have
mercy, pity and compassion upon
me most miserable sinner, for my
offences are horrible great and
grievous, but I appeal to thy mer-
cy, which is above thy works: O let
me live with thee eternally, & not
die though I have deserved it, make
me a vessel of thy mercy, that I may
praise thy Name, let not my sins
serve

serve me from thee, but let me magnify thy power and mercy: O gracious God, give me true, hearty, earnest and unfained repentance, that I may from the bottom of my heart continually lament my manifold sins & transgressions, my unthankfulness towards thee, for all thy merciful benefits abundantly bestowed upon me. Alas that ever I became so wicked & unkind a creature, to displease so good a Lord, so loving & merciful a Father! O forgive me all my sins that ever I have committed against thee, let me never more offend thee, but alwayes gladly serve thee in righteousness & holiness all the daies of my life, govern and guide my heart in thy Faith, fear and love, that in all my thoughts, words and deeds I may glorify thy Holy Name, to whom be all glory, praise, power and dominion, now & evermore, Amen.

A faith-

*A faithful Prayer, very fit for
all persons.*

O Most excellent Goodness,
withdraw not thy mercy, O
most mighty Maker, despise not
thy work, O most prudent Redeem-
er, suffer me not, the price of thy
redemption, to perish. O most gen-
tle; Ghostly and Heavenly Host;
purify, save, dress and keep thy
house and dwelling place in me. O
most blessed, charitable, sweet and
bounteous Jesu. O most excellent,
glorious, merciful dear Jesu and
sweet Saviour, have mercy upon
me, and freely forgive me all my
sins. O make me love thee, turn
to thee, and be sorry and contrite
for my wickedness, let me remem-
ber thy benefits, meekness, painful
and bitter passion; thy patience,
obedience, love and charity: san-
ctify me that I may worship thee,
magnify

maginify thee, and heartily love thee with true reverence and devotion. As thou art most dreadful make me to dread thee; as my Father to love thee, as my Lord to serve thee; dwell in my Soul by grace, mercy, charity and cleanness. O wound my heart with thy most Holy wounds, moist my mind with thy most precious blood, that whatsoever I do, or wheresoever I turn me, I may behold thee crucified, and thus beholding thee, I may fix my mind on nothing but onely on thee: and I beseech thee, that thou wilt vouchsafe of thy Goodness to direct, sanctify and keep my Soul and my body, my senses, talk, communication, and all my doings in thy Holy Laws & works of thy Commandements: that thy Holy Angel may be with me to direct me in the way of peace, truth, and health, that I may be whole, safe

Safe and free in thee, and by thee,
both here and in the world to
come. Hear me and save me, O
King of glory, which livest and
reignest world without end, A-
men.

*A very good Prayer to God, to take
from us all evil things, and to
give us all good things.*

Give, O Lord God, unto my
heart repentance, to my spirit
contrition, to my eyes a fountain
of tears, to my hands abundance
of alms, and put out of me the de-
sires of the flesh, and kindle in me
the fire of thy love, put out of me
the spirit of pride and vain glory,
and give me true humility: take a
way from me, O Lord, the fury of
anger, and give me the buckler of
patience, pluck me from rancour
and malice of mind, and give me
meekness of Soul, give me (most
gentle

gentle Father) a stedfast Faith, sure hope, and continual charity. O God, turn from me vanity, unconstantness of mind, wantonness of body, lewdness of talk, a high mind, excess of diet, evil speaking of others, covetousness of riches, greediness to rule, desire of vain-glory, the vice of flattering, despising the poor, oppressing the weak, unsatiable avarice, and deadly blasphemy.

Take from me indecent rashness, stubbornness, unquietness, idleness, sluggishness, dulness, blindness of heart, obstinacy of understanding, cruelty of condition, disobedience of that is good, and give me, O God, for thy dear Sons sake, the works of mercy and affections of piety, to suffer with the afflicted, to counsel the evil, help the miserable; succour the needy, comfort the sad, aid the oppressed, relieve the poor, moan
them

them that weep, pardon my debtors, spare them that offend me, love them that hate me, do good for evil, embrace vertue, reject vice, & live in all goodnes. O God, make me rich with thy gifts, defend me with thy munition, give me the strength of thy Salvation: be my shadow in the day of battel: my deliverer in the time of affliction, my aid in tribulation, my light in Salvation, and conduct me to thy everlasting rest; that I may live with thee in eternal glory, Amen.

A very good Prayer for Gods aid, forgiveness of sins, and life everlasting.

O Christ, that callest all men unto thee, spread forth the beams of thy light, that we walk not in darkness, for thou art the way to Heaven, and Son of righteousness: in thy Cross me triumph:

in thy shame we glory: by thy
pain we have peace: in thy tears
joy; in thy sorrow comfort; in
thy death life.

I humbly beseech thee there-
fore, pour upon me the Spirit of
wisdom, grace, and mercy, with the
force of his beams, to drive away
the darkness of my mind, and with
his fire purify my perverse affecti-
ons; with his celestial Lamp kindle
in my heart the true zeal of glory;
with his holy ointment embalm my
conscience; with his Fatherly oil to
refresh my bowels; and with his
vertue renew in me an upright
heart, to cleanse my soul from dead
works; and replenish me with righ-
teousness, that I may overcome Sa-
than, the world, the flesh, and my
lusts: above all, let me have the true
consolation of a faithful Soul, his
joy, quiet, and content. Thy Word
is unto us the image of glory, the

Law of thy Kingdom, the ladder to Heaven, the gate to Paradise, the treasury of piety, verue, wisdom, consolotion, & perfection, yet the grossness of our flesh is so ignorant & perverse, that it will neither see thy spiritual riches, nor hear thy true and wholesome doctrine, but taketh the Thorn for the Rose, the Leaf for the Fruit, and the Husk for the Kernel.

I humbly beseech thee therefore, most merciful Father, to guide me in the understanding of thy truth, and instruct me be thy Spirit, to make me perfect in the principals of Salvation, the true knowledge of thee, and of Faith, piety, and righteousness, to believe in thee, and Jesus Christ thy onely Son, to glorify thee, love thee, fear thee, and serve thee. Grant that my thoughts may be replenished with stedfast hope, supported with assured ex-

petition, to obtain the celestial
 riches which no eye hath seen, ear
 hath heard, nor understanding com-
 prehended, that I may behold thy
 countenance, live in thy kingdom,
 enjoy the society of the Angels, be
 a fellow-heir with thy glorified
 Spirits, to be fully united unto
 Christ, and by him to the Father
 and fountaine of eternal life, and so
 possess everlasting joy: and let the
 hope of enjoying that happiness
 be my thought, pleasure, labour, ha-
 bitation, and onely vocation, and
 grant me grace to turn my course,
 that in the end I may obtain the di-
 adem wherewith thou crownest
 thine elect, that I may praise and
 magnify thy Name world without
 end, Amen.

This is the first of the Psalms
 which are in the Psalter, and
 are the same that were sung
 by the Jews in the Temple
 when they offered sacrifice.
 They are also the same that
 are sung by the Church of
 Christ in the Sacrament of
 the Altar.

A Prayer

A Prayer for remission of sins; and
 to God to assist us to live well, and
 to free us from sin, and to live in
 Heaven eternally.

O Lord my God, I will glorify
 and praise thee with thanks-
 giving, give me thine aid, save and
 deliver my Soul out of the deep
 Dungeon, keep me from the pit of
 destruction, take all trouble from
 me, let my life be agreeable to thy
 desire, take away my evening lar-
 mentation, and give me the joy of
 the morning consolation. O Lord
 hear me, have pity upon me, and be
 merciful unto me, take me from all
 heaviness, fill me with gladness,
 that I may render thee thanks, and
 my tongue sing thy praises with-
 out ceasing. Have mercy upon me
 according to thy benignity, for I
 am oppressed with sins & offences;
 absolve, purge, and wash me from

all iniquity, put me not from thy presence, give me a right spirit, the comfort of thy Salvation, and rest to my poor conscience, that I may be sure of the free remission of all my heinous sins. Give me (O Lord) a mouth, and wisdom to resist my adversaries: keep me pure and undefiled in thy Law, and that I may do nothing but that thou requirest of me, let me never want sure hope and firm trust in thee. Fasten and imprint thy Law in my heart, that I never sin against thee: Teach me thy judgements & give me a ready will to perform them, fortify me with thy word, and let my heart be enclined unto it, and not to covetousness, pride or any other wickedness. Instruct me in that that is good, be thou my portion, and for thy mercies sake have mercy upon me: keep me diligently, and watchfully and let not my feet slip, shadow
dow

down me with thy right hand, and keep me safe from the wicked. Deliver me from all evils; guide my going forth, and coming home, and keep my Soul from sin. Let me, O Lord, cry unto thee, and hear me speedily: let my prayer be as sweet Incense before thee, that I may call upon thee daily and continually, keep me from evil, and let me not live dissolutely: defend me from impiety and all erroneous and foul offences, let me cast mine eyes upon thee, hope onely in thee, and stay me wholly upon thee.

Save my Soul, let it not perish; and deliver me from the vanities of the world, inticements of the flesh, suggestions of the devil, and the snares, ambushes, and deceitful conspiracies of the wicked, that I may laud & praise thy Holy Name in this world, and in the world to come. To our God eternal, immortal,

tal, invisible, and onely wise, be all
honour and glory, both now and
evermore, Amen.

A very earnest Prayer for Gods aid,
and forgiveness of our sins.

O Father, I beseech thee for the
love of thy Son, bring my Soul
out of prison to praise thy Holy
Name; deliver me from the bonds
of sin, and restore me to life ever-
lasting: when shall I come and ap-
pear before thy face? when will the
comfort come, I wait for? when
shall I see the joy I look for? and
be satisfied with the glory I long
for? strike Lord, my hard heart with
the strong point of thy dear love,
pierce it with thy mighty power
unto the very bottom, that my head
may bring forth water, and mine
eyes a Fountain of tears, to mourn
and lament my manifold sins and
offences.

Theseeth thee kneeling on my
 kneeves, and humbly intreat thee,
 that thou wilt with the eyes of pity
 look upon me thy unworthy ser-
 vant, and have mercy upon me. O
 Christ: whom I have greatly offen-
 ded, in thought, word and deed,
 pardon my offences, and clearly
 forgive me all my sins. Heal my
 iniquities, and I shall be safe. Go-
 vern and defend me, strengthen
 and comfort me, despise me not
 O Lord, nor note the number of
 my sins, but according to the mul-
 titude of thy mercies pity me, fa-
 vour me, have mercy upon me, and
 forgive me a most grievous sinner.
 Convert me, O Lord, and for thy
 mercies sake keep me, that I may
 with true repentance heartily be-
 wail my sin. Save me, for thou
 art the true safety, have mercy on
 my sinful Soul, loose the bands
 thereof, blot out my transgressions,
 aid.

aid me, and forſake me not, O God
of my comfort. O my Soul, lament,
mourn and weep till thou be joyn-
ed to thy Bridegroom Chriſt. Thou
bidſt me knock, O Lord open unto
me, ſtrengthen me that am weak,
reſtore me that did periſh, raiſe
me that was dead, guide and go-
vern all my ſenſes, thoughts, and
deeds, that henceforth I may ſerve
thee, love thee, and live with thee.
Grant me an humble and contrite
heart, with abundance of tears, and
a ſorrowful Soul for my ſins. Give
me compunction of heart, humility
of mind, and a pure conſcience. O
Jeſu pardon my Soul, pardon my
ſins, my evils, and my offences. Let
me earneſtly deſire, adviſedly
ſearch, truly know, and perfectly
fulfil all things that pleaſe thee.
Give me thy Heavenly comfort,
deſpiſe not my ſinful Soul, forgive
me all my ſins, and bring me to thy
Holy

Holy habitation, for my Saviour
Jesus Christ his sake, Amen.

*A good Prayer for Gods assistance
and repentance.*

O Loving Father, have mercy
upon me, pardon my frailty;
aid me in infirmities by the power
of thy grace, strengthen me against
the concupiscence of the filthy
flesh, the illusion of the foolish
world, and the subtil assaults of Sa-
than, that I may grow in all good-
ness and Heavenly perfections. Of
thy Fatherly goodness hear my
prayers, and for the glory of thy
Name forgive me my sins, & grant
my petitions, look favourably on
me thy frail & wretched creature,
humble my heart to the repentant
confession of my sins, give me the
help of thy Holy Spirit, to amend
my sinful life, bless and guide all
my thoughts, words & works with
thy

thy Heavenly Grace, that I may in
all things obey thy Heavenly Will.
Reform me, bless me, and in thy
tuition preserve me, pour forth the
abundant bounty of thy good gifts
upon me, that in the riches of
peace, joy and love; I may praise
and magnify thee. O merciful Fa-
ther, that hast delivered me out of
the bands of death and darkness,
have mercy upon me, and for thy
sweet Son my Saviour Christ his
sake, comfort, guide & strengthen
me in thy Holy Spirit, hold con-
tinually thy Holy hand over me, that
no flattery, illusions, nor enchant-
ment of this world deceive me, and
that no troubles, malice, stripes, per-
secution, fear, tyranny, torments
nor death, may ever separate me
from thee: but despising the world,
the flesh, & the devil, I may in joy-
ful hope wait for, and desire the
coming of our Redeemer, for the

delivery of the blessed Saints to appear in thy gracious presence in our renewed bodies, glorified and immortal, there to dwell with Angels and Archangels, evermore praising thy Heavenly Majesty: O Lord, that hast made us the children of light, have mercy upon me, yea, Lord have mercy upon me, & for thy Names sake look favourably upon me, stand fast by me, let me be constant in Faith, humble and obedient to thy Holy Will and correction, patiently waiting thy good pleasure and determination in all things; make me abound in love and meekness, rejoyce in vertue and true Holiness, and glad my heart in the assured truth of thy promises: help me with thy grace: pardon my weaknesses, and deliver me from the evils I have deserved, and in all troubles, wealth, need, health, sickness, joy, sorrow, life and

and death, make me put my whole stay, hope & help in thy Fatherly mercy and goodness. Relieve me with thy grace, strengthen me with thy Holy Spirit, that I may overcome and vanquish all the suggestions, temptations, and conspiracies of Satan, and his infernal armies: withstand the malice, persecutions & troubles of this wretched world, triumph in Heavenly victory, and wholly rejoyce in the praising and lauding of thy Holy Name now and for ever, world without end, Amen.

A Prayer for remission for sins.

O Sovereign Creator of all things, when I consider thy Majesty, whom I have with my sins offended, I do shudder at my own misdeeds, and abhor my wickedness, because I have forsaken so gracious and bountiful a Father,
vouch-

vouchsafe therefore most merciful
 God and loving Father, to pardon
 and forgive me all my vanities, mis-
 deeds, and offences, govern and
 guide me by thy Holy Spirit in all
 my wayes, that I may live all the
 dayes of my life according to thy
 Holy and Heavenly Commande-
 ments. By the multitude of thy mer-
 cies, wipe away my iniquities, let
 my suit enter into thy presence, &
 save me thy servant; shew me thy
 mercies, comfort my heart with the
 celestial joy and pleasure of thee,
 that I may for ever rest with thee
 in the land of the living. Have pity
 upon me, and according to the
 multitude of thy great mercies,
 wipe away my sins, and cleanse me
 from all my unrighteousness, draw
 my Soul out of sin, unto the lively
 fountain of the life everlasting, fill
 my mind with the streams of thy
 pleasure, and overcome my heart
 with

with theſe ſweetneſſe of thy love, and
grant that I may long with all my
heart, and labour with my whole
endeavour, to attain to the uncon-
ceivable joyes of the life everla-
ſting. Embrace me with thy armes
of mercy, ſhew me thy loving
countenance, pluck me from the
earth, and earthly things, open my
mouth to call upon thee, my ears
to hear thee, my eyes to behold
thee, and let all that I do, ſay, hear
or ſee, be onely to thy glory. Let
thy grace ſtill accompany me, let
me continually crave it, and ear-
neſtly endeavour to keep it, ſcour
from me the ſpots, which by my
daily ſins I have caſt upon the
witness thou gavelt me, that I
may be pure and clear before thee.
Bind up the ſores of my ſinful ſoul,
waſh it with thy precious blood,
annoint it with the oil of Holineſſe,
repair thy Heavenly image within
me

me by sin defaced, and again adorned
it with thine own righteousness,
that I may ever hereafter praise
thee. Mortify all my desires of
wealth, pleasure, riches, glory, fa-
vour, and all earthly things, what-
soever, and that I may evermore
readily and willingly do those
things that may please thee. Give
me constancy and steadiness of
purpose, that my thoughts may not
be found fleeting or uneffectual,
but that I may with an unmoveable
mind do all things for my comfort,
and to the honour and glory of thy
Holy Name, through Jesus Christ
my Lord and Saviour, Amen.

A Prayer for remission of sins.

Righteous and merciful God,
which art clear from spot and
sin, I miserable and wretched sin-
ner acknowledge my wickedness,
and with an humble and sorrowful
heart

heart bewail my filthiness, whereby I have polluted that image imprinted within me at my first Creation. I openly confess, that many and great are my sins, my offences wonderful, my transgressions infinite, even as the sand of thee Sea that cannot be numbred, for all my cogitations are prone to evil evermore: who knoweth, O Lord, his sin, and can recite his transgressions? I confess my offences, and my sin is alwayes before me: against thee onely have I sinned and done evil, I was born in sin, & those sins have I multiplied in my daily transgressions, and have deserved thy displeasure: therefore I appeal unto thy mercy, O Lord, beseeching thee not to enter into judgment with thy servant, but according unto thy great mercy have mercy upon me; and according unto the multitude of thy mercies do away mine iniquities.

Wash

Wash me thorowly from my
sins, and cleanse me from my offen-
ces, for thy Name sake be merciful
to my sin, for it is great: remember
not the sins of my youth, nor my
rebellions, but according to thy
kindness remember me for thy
goodness sake: remember thy ten-
der mercies and loving kindness
which have been for ever: remem-
ber I am flesh that passeth away
and cometh not again: leave there-
fore thy displeasure against me, be
not angry with me for ever, deal
not with me according to my sins,
neither reward me after my iniqui-
ties, but conduct me, O Lord, and
turn away thy displeasure against
me: shew me thy mercies, & grant
me thy Salvation. I confess most
merciful God, it lieth not in my
power to purge and put away my
sins, & purchase thy favour: but it
is onely the passion, and most inno-

rent death of thy dear Son my Lord
Jesus Christ, that is a sufficient
reconciliation for my sins, and for
the sins of the whole world: for
his blood which was shed for me,
doth cleanse me from all my sins:
and if I confess my offences, thou
wilt forgive me all my sins, and
cleanse me from all unrighteous-
ness: wherefore in such hope of this
thy mercy promised by thy Son, I
am bold with deep sighs, from my
heart to cry Lord forgive me my
offences, remit mine iniquities, co-
ver my sins, and impute not my
faults unto me: purge me, O Lord,
from my secret faults, keep me from
presumptuous sins, let them not
reign over me, but purify me from
all my wickedness: let me taste the
sweetness of thy benignity, that I
may be secure and certain of the
remission of my sins, through the
bowels of thy mercies: that I may
perceive

perceive in my mind comfort,
 peace and gladness of thy holy spi-
 rit, which may begin a new life in
 me, pleasing thee: quench all vain
 motions in me, and restore in me
 the image of thy divine light, which
 was lost, that being delivered from
 my sins, and out of the hands of
 mine enemies, I may serve thee in
 fear, in righteousness and holiness
 all the dayes of my life, through
 Christ in whom thou art well plea-
 sed, and for whose sake all my
 works, howsoever unperfect, are
 acceptable in thine eyes. O most
 mighty Maker, despise me not thy
 work. O most excellent Goodness,
 withdraw not thy mercy from me.
 O most prudent Redeemer, suffer
 me not to perish, whom thou hast
 so dearly bought. O most gentle,
 Ghostly, & Heavenly Host, purify,
 save, dress, and keep thy house and
 dwelling-place in me, which thou
 hast

haſt ſanctified and dedicated unto thee in my Baptiſm. O moſt bleſſed Jeſu have mercy upon me, make me to love thee, and to be ſorry and contrite for my ſins. Turn me unto thee by grace, that I may remember thy benefits, and thy painful and bitter death and paſſion. Grant me to ſanctify, worſhip, magnify and love thee heartily, moiſten my mind with thy moſt precious blood, that whatſoever I ſee, I may behold thee crucified, that thus beholding thee; I may fix my mind on nothing but onely on thee, and live moſt carefully to ſerve thee, and after this life reſt everlaſtingly with thee, which liveſt and raigneſt with the Father, and the Holy Ghoſt, one God world without end, Amen.

An

An excellent prayer meet for all persons, & to be said at all times.

GRANT, O merciful Father, that I never commit any thing that shall offend thy fatherly goodness, but that I may eschew all vice, embrace all vertue, live in thy fear, call upon thy Holy Name, learn thy Godly Commandements, hear thy Holy Word, avoid all idleness, and walk in my vocation, to the glory of thy Holy Name. Send the Holy Spirit of love and concord, that I may be content with my calling, live quietly in the same, do good to all men, and order my life according to thy Godly Will. Grant me to covet with an ardent mind those things which may please thee, to search them wisely, to know them truly, and fulfil them perfectly, to the laud and glory of thy Name, order

H

my

my living, so that I may do that which thou requirest of me, give me grace to know it, and have a will and power to do it, and that I may have those things which are most convenient for my soul. Gracious God, make my way sure and straight, that I fall not between prosperity and adversity, but in prosperity to thank thee, and be patient in adversity, and that I be not lifted up with the one, nor oppressed with the other, that I may rejoyce in nothing, but that which pleaseth thee, nor be sorry for any thing, but those that offend thee, desiring to please none but thee, nor fearing to offend any, but thee. O Loving Father, make all wordly things vile unto me, and be thou my especial comfort above all: let me not be merry, but with that which pleaseth thee, So let me desire nothing but thee. Let all labour

boue delight me that is for thee,
and let all the rest weary me: make
me lift up my heart unto thee, and
when I fall, make me to think on
thee, and be sorry for the same,
with a steadfast purpose of amend-
ment, Grant me Faith in thee, and
grace I beseech thee, to be occu-
pied in doing of good works, to
thy glory and my comfort, and to
trust in thy mercies, and in Christ
his merits, to be purged from my
sins. Give me grace to love thy
Word fervently, to search the
Scriptures diligently, to read them
humbly, to understand them truly,
and to live after them effectually,
that my life may be acceptable un-
to thee. Teach me so to pray, that
my petitions may be graciously
heard of thee. Keep me upright
among diversity of opinions, that
I swerve not from the truth. Give
me I beseech thee a true Spirit, that

no curious thoughts, nor filchy affections withdraw me from thee. Grant me grace to know thee, diligently to pleaſe thee, and hope to embrace thee for the precious blood ſake of that immaculate lamb Jeſus Chriſt : to whom with the Father and the Holy Ghoſt, be all honour and glory world without end, Amen.

*A Prayer wherein a ſinner deſireth
God to hear him, and forgive
him his ſins.*

O Lord how long wilt thou reject my prayers which daily I pour out before thee? Wilt thou O Lord, hear me at no time, or wilt thou ceaſe to ſhew mercy? Cry unto the Lord O my Soul, and ſay, Haſt thou O Lord caſt me away for ever? or wilt thou never hereafter be pleaſed with me? favour me, O righteous Father, for
Jeſus

Jesus Christs sake, that the sighing
and inward groaning of my heart,
may move and incline thee to hear
me: graciously O Lord, grant me
thy mercy, and preforme the Co-
venant which thou hast made with
me, hold thy Holy hand over me,
and keep me from sin, then shall I
fear neither Death nor Hell; and
as thou hast alwayes been merciful
to penitent sinners, so now good
Lord forgive me my sins. In the
zeal of my heart, I beseech thee
to keep me in the fear of thee, then
shall I rejoyce in thy mercy, for
that thou hast looked upon me,
and regarded my Soul in distress.
Keep me in thy sheepfold, O shep-
heard of my Soul, and let me ne-
ver hereafter wander from thy
waies, nor leave me in troubles,
behold my weakness is best known
unto thee: Look O Lord, upon my
sorrow, and forgive me my sins,

Mollify my heart, that I may turn
unto thee, & walk in all thy waies,
for I have walked over long in the
way of sinners: my prayers O Lord
are proved forth before thee, let
thine anger be turned from me,
and let me find favour in thy sight,
Look not on the hardness of my
heart, but as thou alwayes shewest
mercy, so now be merciful over
me, and forgive me all my sins.
Spare me I beseech thee, and shew
on me the abundance of thy mer-
cy, which hast taught me in Christ
Jesus to call upon thee in my neces-
sities. Give me grace to acknow-
ledge my own infirmities, that I
depending upon thy merciful
goodness, may with a strong and
stedfast Faith, and with a penitent
heart continual call upon thee for
thy grace, mercy, & pardon. Heark-
en O most merciful God, for thy
great mercies sake, to these my
humble

humble prayers which I make before thee, and consider O Lord, the desires and thoughts of my heart, let my crying out come unto thee, and let my unfained prayers enter into thy presence. Hear me O Lord: for I want thy help, care for my Soul, save me thy servant, which trust in thee. Have mercy O Lord, have mercy upon me, for I will never cease crying to thee for help and mercy. In the day time, I will call upon thee, & in the night I will cry unto thee, O God of Heaven. and maker of all things, here me a most wretched creature calling upon thee, and take from me all my sins. Plant in me O Heavenly Father, true obedience of thy word, let not the cares of this world deceive me, keep me from all unclean desires: grant me grace to walk before thee with a good and pure mind, that I may

receive the reward provided for thy sons & servants. Increase my Faith and love, increase in me a sure hope of my Salvation, increase strength in me to overcome and stand against all temptations. Let thy Holy Angel keep and conduct me, that I may evermore walk before thee in Godliness and righteousness of life: make steadfast my Faith in thy merciful promises, that trusting in them, may have everlasting life through Jesus Christ thy Son our Lord & Saviour, Amen.

A Prayer for a reformed life.

O Heavenly Father, and merciful God, which of thy only goodness hast created and made me unto thy own similitude and likeness: I heartily pray and beseech thee, remember not my sins and unrighteousness, neither suffer thy grievous plagues to hang

over me. I have sinned and heinously offended thee, yet I beseech thee of thy mercy & benignity to behold me thy unworthy child. I do not prostrate my self before thee in praise of my righteousness, but in the multitude of thy mercies I humbly beseech thee most holy Father, be no more angry with me, but turn thy wrath from me, and kindle in me the love of thy Holy Spirit: break O Lord, my stoney heart, and make it a fleshly heart: that I may fear thee, love thee, and have pleasure in thee: grant me a true understanding of thy word, to love that is to be loved, to desire that which pleases thee, to regard that which is precious in thy sight, and to refuse that which is evil before thee. Give me (O Father) a sorrowful and penitent heart, that I may humbly serve thee all the daies of my life.

When I fall into sin through frailty, work I beseech thee true repentance in my heart, that I may be sorry without desperation: that I may amend my life, and become truly righteous, without hypocrisie: lowly in heart, without fainting: faithful and trusty, without deceit: content with my own, without covetousness, to tell my neighbor his fault charitably, to pay every man truly: backbite no man, nor slander any secretly: to abhor all vice, and love and follow all goodness earnestly, grant this O Lord, for the glory of thy Holy Name, Amen.

*A Confession of sins, and a Prayer
for forgiveness of them.*

O Almighty God of Israel, my Soul that is in trouble, and my Spirit that is vexed, cry unto thee, hear me O Lord, and have mercy.

mercy upon me, for I have sinned
against thee. I heartily pray and
beseech thee in the bowels of thy
mercy to look down from Heaven
upon me thy poor servant, whose
sins be infinite, and innumerable,
most hainous and insupportable,
but as they be grievous and with-
out number, so is thy mercy more
abundant and without end. Thy
mercy is above all thy works: more
able to save than my sins to con-
demn. Thou O Christ art that
good Samaritan that pourest the
Oyle of grace into our wounds,
thou art the onely true Sacrifice
and oblation once offered for the
sins of the whole world. Therefore
O sweet Saviour, for the bitter
death and passion, and for the glo-
ry of thy Name, be merciful unto
me, and forgive me all my isins.
Grant that as through my wicked
life, thou hast been dishonoured,
so

so through my Godly conversation, and integrity of life hereafter thou maist be ever glorified. Forgive me, (O my Saviour) all my sins, I most humbly beseech thee, and keep me ever hereafter from all sin. Grant me the assistance of thy grace and Holy Spirit, to direct my wayes, guide my paths, that I may be innocent from all offences, and that in all things I may honour and praise thee, together with the Heavenly Father, and the Holy Spirit, now & for evermore, Amen.

A Prayer in adversity, & for mercy.

A Almighty God, which for my ingratitude, and sinful life, hast worthily punished me with affliction and adversity, I most humbly beseech thee, to give me grace utterly to detest and abhor my former wretched and sinful life, and study

study daily for the amendment of the same; and I am fully persuaded, that this affliction hath not come unto me by casualty, but by thy permission, & determinate pleasure; and that thou dost beat me with this thy rod of correction, because thou wouldest nurture me, and call me to unfained repentance for my former life, to be more circumspect of a good life: to exercise my faith in thy Godly promises, to try me whether I will be patient & constant in adversity: to make me abhor vain pleasures of this life, and with fervent and continual desire, long for the life everlasting, therefore I heartily pray thee, to strengthen my Faith, Hope, Charity, and Meekness, that I may patiently bear this thy Fatherly chastisement. And grant me that I may daily increase more & more in love towards thee for I hope
all

all things shall happen to the best, whether it be prosperity : health, sickness, life and death, and therefore I wholly submit my self unto thee, and resign all my will to thy most godly will and pleasure, hoping that thou wilt end this affliction to thy honour and glory, and to my most profit, wealth, & everlasting Salvation, through Jesus Christ my onely Saviour, and Redeemer, Amen.

*A Prayer to be said by all persons
at all times.*

A Almighty and most merciful Father, grant that above all things I may rest in thee, and fully set my heart upon thee, for thou Lord art the true peace of the heart, and the perfect rest of the Soul : wherefore thy will in all things be done in me, cast out of my heart all unprofitable cares of worldly

worldly things, and suffer me not to be led with the unprofitable desires of earthly vanities, but grant me grace that worldly and carnal affections, may be mortified and die in me.

Grant me the strength of thy Holy Spirit to subdue this body of sin, with the whole lusts thereof, that it may be obedient both in will, mind, and members, to do thy Holy Will: grant me grace that I may esteem all things in this world transitory, & my self with them, drawing towards my end, O Lord God, which art sweetness unspeakable, turn into bitterness unto me all transitory and earthly delights, which may draw me from the love of eternal things: and for all worldly comforts, give me the sweet comfort of thy Holy Spirit, for thou Lord art my stay, my hope, my Crown, & my glory.

bles

Bless me, that for the love of thee
I may not let by the pleasures of
this world, but crucify the flesh,
and the lusts thereof, so that in a
clean and pure conscience, I may
offer up prayers unto thee, and be
accepted to have company with
thee, together with the Holy An-
gels and Heavenly Spirits. O ever-
lasting light, send down the beams
of thy brightness. and lighten the
inward parts of my heart, that I
may walk in thy Laws and Com-
mandements. Give me grace
to rest in thee above all things,
above all glory, honour, digni-
ty, and power, above all health,
beauty, riches, and treasure: above
all joy, pleasure, fame and praise:
and above all mirth, and conso-
lation, that mans heart may feel or
take besides thee. For thou Lord
art most good, wise, and righteous,
most high, mighty, and comforta-
ble.

ble, most beautiful, loving and glorious, in whom are most perfectly all treasures of grace and goodness. Therefore whatsoever I have beside thee, is nothing unto thee; for my heart may not rest, but onely in thee. O Lord, who shall give me thy wings of perfect love, that I may flie from these worldly miseries, & rest with thee O King of everlasting glory, my Soul cryeth unto thee, with continual groanings, and saith; how long tarrieth my Lord God to come unto me? When shall be the end of those miseries? When shall I be delivered from the bondage of sin? When shall I have my mind onely fixed on thee, and be merry in thee with perfect joy and gladness? When shall that blessed hour come, that thou shalt visite me, and make me glad with thy blessed Presence? When shall I come.

come unto thee, and enjoy those
sweet contemplations, which thy
blessed Angels have alwayes when
shall I stand to behold thee, and
have full sight and contemplation
of thy glory? when shall I be with
thee in thy Kingdom, which thou
hast prepared for thine Elect, that
I might behold the blessed mansion
of thy Heavenly City, & the most
clear day of eternitie, which thy
Heavenly Citizens know and feel
the joy of: but I the child of *adamm*,
do lament and bewail the miseries
of this wretched life, short & evil,
full of grief and sorrow, where we
are polluted with troubles, wearied
with labours, tried with temptati-
ons, vanquished with vain delights,
& fleshly pleasures of this change-
able world, and miserable en-
thrattled in intollerable calamities.
Wherefore O Lord arise and help
me, comfort me, assuage my sor-
row.

row destroy my enemies, the kingdom of sin, Satan, the world, and my wicked flesh: forgive me all my sins, & bring my troublesome daies to an end. So shall I sing praises unto thee O God of my Salvation, and magnify thy Name, world without end, Amen.

A short Meditation of mans misery.

WHat was I O Lord, what am I, what shall I be? I was nothing, I am now worth nothing, and in hazzard to be worse than nothing: I was conceived in original sin, I am now full of actual sin, I may hereafter feel the eternal smart of sin, I was in my mother a loathsome substance, I am in the world a corps of corruption, I shall be in my grave a prey of vermine. When I was nothing, I was without hope to be saved, or fear to be damned: I am now in a doubt-

doubtful hope of the one, and in great danger of the other. I ſhall either be happy by the ſucceſs of my hope, or miſerable by the eſtate of my danger. What I have been I know, viz. a wretched ſinner, what I am I cannot ſay, being uncertain of Gods grace: what I ſhall be I am ignorant, being doubtful of my perseverance. Lord erect my preſent weakneſs, correct my former ſinfulneſs, direct my future frailty, direct it, O Lord, from paſſed evil, to preſent good, and future reward, for Jeſus Chriſt his ſake, Amen.

An Effectual Prayer, for
grace, mercy, and forgiveness
of ſins.

O Heavenly God, O Father dear
Caſt down thy tender eye:
Upon a wretch that proſtrate here
Before thy Throne doth lie.

O pour

O pour thy precious oyl of Grace,
 Into my wounded heart :
 O let thy drops of mercy sweet,
 Remit my sins desert.
 My sinful Soul oppress'd sore,
 With careful clogs of sin :
 In humble sort, most humbly suer,
 Thy mercy for to win.
 Grant mercy then O Saviour sweet,
 To me most wretched Thrall :
 Whose mournful cry to thee alone,
 Doth still for mercy call.
 Thy blessed will I have displeas'd,
 With pleasing of my mind :
 And to the lust of worldly things,
 My self I have inclin'd,
 forgetting heav'n & heav'ly powers,
 Where God and Saints do dwell :
 My life hath almost trod the steps,
 That leads the way to Hell.
 Grant now O Lord, and load-stone
 That I no more do so ; (bright,
 But for my life in sins mis-pent.
 My heart may melt in wee.

Alas

Alas I sigh, alas I sob,

Alas I do lament:

That ever my licentious life,
So wickedly was spent.

Grant therefore Lord, with mauling
I may thy mercies crave: (tears
O Lord for thy great mercies sake,
Let me thy mercies have.

Restore to life my sinful Soul,
That else is like to die:

Then shall my voyce unto thy Name
Sing praise eternally,

Now blessed be the Father first,
And blessed be the Son.

And blessed be the Holy Ghost,
By whom all things are done:

Bless me O blessed Trinity,
With thy eternal grace:

Forgive my sins, & grant my Soul
In Heaven a dwelling place.

A Prayer

A Prayer of thanksgiving, to crave
Gods assistance, to grant us his
grace to repent our sins, & bring
us to the life everlasting.

O Holy Father, God Almighty,
which didst vouchsafe of thy
unspeakable goodness, & mercy,
to send thy onely Son from the
high Throne of thy Majesty, into
this vail of woe and misery, to
take our nature upon him, and in
the same to suffer most sharp and
bitter death, to bring our Souls to
thy Heavenly Kingdom: O sweet
Jesus, enflame my heart unto thee
with the burning beams of thy
love, and make me ever to thank
thee, and fear to offend thee: O
sweet Jesus, my hope, refuge, joy,
and health, have mercy upon me,
and be merciful unto me, a poor,
needy, vile, wretched, and abomi-
nable sinful creature, give me re-
mission

mission of all my sins, integrity of mind, health of body, needful food and rament, strengthfulness of the earth, unity of Faith, subversion of Heresies, increase of true Religion, earnest devotion, willingness to charity, sincerity in prayer, patience in trouble, joy in hope, and whatsoever else is for thy glory, my good, and Souls health, let thy Holy sweetness possess my mind, feed my Soul with the fulness of Heavenly and invisible things, separate me from earthly vanities, wholly dedicate my heart to Heavenly meditation, give me compunction of heart, and tears to my eyes, that I may ever bewail the wickedness of my life, lift up my heart and mind I beseech thee from the contagions of earthly cares, to the consideration of Heavenly joyes, that I may think and speak onely of thee in
this

this life, and after live with thee eternally. O Lord, my gracious God, and onely comforter of my Soul, seeing thou desirest that in all things I should sincerely serve thee, and I through thy grace desire to do the same, suffer me not, O Lord, any more to offend thee, or fall in to the relaps of my former follies, but make me heartily sorry for my offences, and that I may never more sin against thee. And I humbly confess my self unto thee, that there is not on the earth a more vile & wicked sinner than my self. Increase therefore in me, I most humbly beseech thee, thy grace, and give me humility: that I may perfectly know thee in thy Majesty, and my self in my misery, and yet through thy gracious help I may manfully fight against sin, and wickedness, and gain the victories over all my corporal and spiritual

enemies. I wretched ſinner confeſs, I have often offended thee, diſhonoured thee, and neglected thy Holy precepts, which above all things ought to be moſt dear unto me. Thou O Lord knoweſt I am carnal, full of evil concupiſcence, flowing in fleſhly pleaſure, over-wrapped in fond fantaſies, omitting ſpiritual exerciſes & mourning for ſin, in ſpeaking, impatient, in hearing Godly admonitions negligent, eaſily detained from doing good, and apt to evil. O moſt merciful Lord, I poor and wretched ſinner, am full of ſorrow and grief, for that I have grievouſly ſinned and offended againſt thee; wound O Lord my heart with the ſorrow of moſt faithful & unfained repentance. Grant me thy grace, and aſſiſt me by thy Holy Spirit, that I may for ever hereafter keep my ſelf from all ſin, and avoid all occasions of offences.

And

And I most humbly beseech thy infinite Majesty not to forsake, nor suffer me to be condemned in thy terrible judgment, but be merciful unto me, and let thy dolorous passion so help me, that I may be an inheritor of thy heavenly kingdom, and enjoy everlasting felicity, and let thy Holy Angel so keep me, as the infernal enemy have never power over me, which, Lord for thy mercies sake grant me, Amen.

*A Prayer to God the Father, of
thanksgiving, and for for-
giveness of sins.*

I Offer unto thee (O holy Father) the sacrifice of praise & thanksgiving: rendering unto thee the calves of my lips, which of thy goodness hast made me: and of thy mercy redeemest me. Hear therefore O Lord, the prayers of thy servant, and turn thy ears un-

to me thy poor creature. Day and night will I pray unto thee, beſeeching thee that the thoughts and meditations of my heart may be acceptable before thee; that my mouth may ſpeak of thy righteouſneſs, and my tongue ſet forth thy praiſe. O Holy Father, I beſeech thee, that the inward deſire of my heart may move and incline thee to hear me. I accuſe my ſinful waies, and crave thy mercy and favour. O ſhew me thy mercy, and forgive me my ſins, remember not the ſins and offences of my youth, but think on thy mercies & Covenant made in Jeſus Chriſt my onely Mediator and Advocate. It is he O Holy Father, whom thou didſt ſend to obtain mercy for me: he was wounded for my offences, and ſtricken for my iniquities: he died for my ſins, and through his love and mercy hath redeemed me.

There-

Therefore (O Father) for his sake
forgive me all my sins, give me the
true love of thy Law, and great
hate of all my sins : that I may
through the merits of his death
and passion, dwell with him and
thee everlastingly, And vouchsafe
I beseech thee to direct, sanctify,
keep and govern my heart and bo-
dy, my sense, tongue, talk, and com-
munication in thy Holy Laws and
works of thy Commandements.
Grant also, O Lord, that the Holy
Angel may be with me, to direct
me in thy way of peace, truth, and
health : that I may be whole, safe,
and free in thee, and by thee, both
in this world, and in the world to
come. O King of glory hear me
and save me, have pity and com-
passion upon me thy weak and un-
worthy child. O Lord help me,
shew thy mercy upon me, let me
do that which is acceptable in thy

fight, and prosper me in whatsoever I go about. Let me have an earnest desire to do those things that will please thee: for unto thee alone do I full and wholly yeeld and commit my self, which workest all in all to thy honour and glory, Amen.

*A Prayer unto God the Son, for
mercy and forgiveness of sins.*

I am ashamed, O Jesu, to lift up my eyes unto thee: because my sins are many, and are ascended and come before thee: shew thy mercy upon me (O Lord) and hear me, my heart is faint, my Soul is troubled; O Lord, make strong thy humble and unworthy servant, that my joy may be alwaies in thee, receive me of thy goodness into thy favour; and shew thy mercy upon me, for thou, O sweet Saviour, art merciful, which wilt not
the

the death of a sinner, but that he live. I therefore, a most wretched sinner, beseech thee to look upon me with those merciful eyes wherewith thou didst behold *Peter* bitterly weeping, and *Mary Magdalen*, and the Thief on the Cross, and cause me through thy great goodness, that I may with *Peter* weep, and worthily bewail my sins: with *Mary*, to love thee with a pure and perfect love: and with the Thief, to see and behold thee in Paradise. Give me (O gracious Lord) a pure intention, a clean heart, and a regard to thy glory: in all my actions possess my mind with thy presence, and ravish it with thy love: be thou (O Jesu) light unto my eyes, Musick unto my ears, sweetness unto my taste, and contentment to my heart. I am not mine but thine, claime me as thy right, keep me as thy charge,

love me as thy child. Defend me when I am assaulted, heal me when I am wounded: Give me patience in trouble, and let me never be confounded, humility in comfort, modesty in countenance, gravity in behaviour, purity in thoughts, righteousness in my actions, constancy in temptations, and victory against my Ghostly enemy. O sweet Jesu, stay my inclination from evil, bridle my appetities with thy grace, quench in me all unlawful desires, keep my eyes from vain sights, my ears from hearing evil, grant me an earnest desire to amend my faults, to renew my good purposes, to perform good intentions: correct my errors, erect my infirmities, protect my good endeavours, allay my passions, and make me able to master them, that they may never draw me beyond the rule of piety. Make me
humble.

humble to my superiors, friendly to my equals, charitable to my enemies, and respectful to all. Grant me sorrow for my sins, thankfulness for thy benefits, fear of thy judgments, love of thy mercies, and mindfulness of thy presence, Amen.

A very good Prayer to God the Holy Ghost, for remission of sins.

O Heavenly God, if I have found favour in thy sight, suffer me a little to speak unto thee, and be no more angry with me, which by thy wisdom rulest all things. Give me thy Holy Spirit, that being guided by the same, I may never be confounded. O comfort the Soul of thy servant, and let thy wisdom lead and guide me in the paths of true knowledge: blessed is the man that hath his delight therein. I beseech thee my God, make thou a perpetual a-

bode with me, and send down from
thy Throne of Majesty the dew
of thy grace into my heart, that I
may alwaies please thee. O send
down from Heaven the Spirit of
wisdom, that I may have the true
taste thereof: incline thine ear un-
to me, that these my humble pray-
ers may ascend up before thee,
humbly will I give attendance on
thy merciful hand, and wait for
thy saving health. Behold me O
God, silly soul, gaping for the
showers of thy grace, like a barren
& dry land. O Holy Spirit of God,
the third person of the Deity,
which by thy divine grace orderest
all things, grant me the Spirit of
Sanctification and Holiness, plant
in me an infallible knowledge of
thy truth. O thou which art the
comfort, which enrichest the hearts
of the Faithful with the sweet taste
of thy Word promised, breath in-

to my heart a pure faith, that I may acknowledge thee very God, God with the Father and the Son. Thou seven fold disposer of the gifts of God, the hope of joy celestial, pour into my heart the dew of thy grace, that being filled with the sweetness thereof, I may obey thy blessed Will. O eternal God, equal with the Father and the Son, make strong my soul and my body, that by thy gracious aid, I may overcome the assaults of my ghostly enemies, and believe, and confess God the Father, and Jesus Christ his Son, with the Holy Spirit, proceeding from them both, to be one God, in persons three, and everlasting in Trinity & Unity, to whom be given all laud, praise, honour, and glory, evermore, Amen.

A Godly

*A Godly Prayer to the blessed
Trinity.*

O Holy, blessed, and gracious
Trinity, God the Father, Son
and Holy Ghost, three Persons,
and one Omnipotent and everlast-
ing God, three in Trinity, and one
in Unity, I praise thee, I worship
thee, I glorify thee, I give thanks
unto thee for thy merciful good-
ness, which wouldest that I being
in darkness of error and igno-
rance, should be made partaker of
thy grace and mercy: I beseech
thee most glorious and blessed Tri-
nity, for give me my sins, have mer-
cy upon me, bring to pass the
work of thy merciful goodness
begun in me, and leade me in all
piety and goodness. O cause me
alwayes to think, speak and do
those things which shall be accep-
table in thy sight, that after this life
I may

I may have the fruition of the Deity
that liveth and reigheth in perfect
Unity, world without end, Amen.

*A Prayer for a woman with child for
deliverance, & forgiveness of sins.*

Almighty and merciful Fa-
ther which of thy gracious
goodness, hast created me a rea-
sonable creature, and of thy boun-
tiful goodness, hast fructified my
wombe, I most heartily thank thee
for this gracious gift, and for that
thou hast alwayes preserved me
from all perils of body and Soul,
and hast so moderated all my pains,
pinches, throwes and pangs, that I
have hitherto right well endured
them: keep me (I beseech thee
from all peril and danger) and at
thy appointed time safely deliver
me. Thou hast commanded us to
call on thee in our troubles, pro-
mising to hear us, and send us de-
liverance

ſiſterance: ſaying, I am with you
in your troubles, and will deliver
you. O moſt comfortable Lord,
who art more ready to help, than
we call for help, more ready to
give grace, than we to ask for it:
I therefore ſue unto thee, and call
upon thee faithfully, and ſay; O
Father of mercy, and God of all
conſolation and comfort, I thy
poor handmaid, humbly beſeech
thee for Jeſus Chriſt his ſake, and
in his bleſſed and Holy Name, that
thou wilt vouchſafe to forgive me
all my ſins and offences, wherewith
I have offended thy godly Maieſty,
in thoughts, delight, word or deed:
mercifully preſerve me from hence-
forth during my whole life from
transgreſſing thy Commandments:
daily increaſe in me perfect repen-
tance for my ſins, and a ſure pur-
poſe of amendment of my life, and
a diligent ſtudy to walk in thy
Com-

Commandements; increase in me also a lively Faith, a sure hope: ingraft in me humbleness of heart, meekness of mind, and cleanness of conscience. Grant me that I may be wise, sad, sober; discrete, circumspect, and well advised in all my sayings: that I may strongly overcome al the temptations of the Devil, the world, and the flesh; and whether I awake or sleep, eat or drink, live or die, or whatsoever I do, I may do all to thy honour and glory. Grant me O Lord that I may fear and dread thee, and that I may faithfully love my husband, and be obedient to his honest requests. And for the deliverance of this burthen, and thy gracious gifts, I am assured that unlesse thou prosper my travel, all womens help & physick is in vain: therefore I beseech thee, that like as thou hast created this child in me

me, and breathed into it the breath of life, ſo at ſuch time, as ſhall ſeem good to thy Godly Maieſty, thou wilt prosper the birth & deliverance. I humbly beſeech thee, of thy Fatherly pity to ſtrengthen me in this my dangerous labour and travel, and ſo ſuſtain me that I may patiently bear all my pains, and pangs, and ſuffer them not to be above my ſtrength, and in the miſt of all my pains ſo comfort me, that I maybe able to bear them. Increase my Faith, O moſt merciful Saviour: and in the dangerous time of my travel, grant me, I beſeech thee, ſpeedy deliverance, and joyful beholding of my child, that I being a worthy Mother, may render unto thee honour, praiſe, laud, and thanks, for thy abundant mercy, and gracious be-
nefit, and above all things I beſeech thee endue my child
with

with grace that it may be one of the number of thy elect, baptized & regenerate in the Holy Ghost: and that it may at the years of discretion learn to know thee, trust surely in thy mercy, heartily love thee, fear to offend thee, obey thy Commandements, and attain everlasting joy and felicity, through our Lord Jesus Christ, who liveth & reigneth with thee and the Holy Ghost, world without end, Amen.

A Prayer of thanksgiving, for a Woman after she is delivered with child.

O Most high, mighty, and eternal God, I give all laud and praise unto thy Holy Name, I magnify thy might, and marvellous works, I render unto thee the sacrifice of my thankful heart and unfained lips, for that it hath pleased thee of thy great goodness, to
give

give unto me thy poor creature, ſo happy, ſafe; and ſpeedy deliverance, from my great danger of child birth, and fully reſtore me to my former ſtrength. To thee therefore, O Father, with thy Son Jeſus Chriſt, and the Holy Ghoſt will I give all thanks and praiſe, and magnify thy glorious Name, both now and evermore, Amen.

*A Prayer before the receiving of
the Communion.*

O Jeſus Chriſt, Holy, and eternal God, I miſerable man, and wretched ſinner acknowledge and confeſs, that I am not worthy the leaſt of all thy mercies, and moſt unworthy to receive thee under the roof of my Soul, by participating of thy moſt bleſſed body and blood, for horrible and infinite are the ſins wherewith I am defiled: therefore the very entrails
of

of my heart are troubled, and my bones do shake, because I find my Soul a most unworthy guest for so Heavenly a Supper. But thou camest not to call the righteous, but sinners to repentance: and I know and constantly believe, that notwithstanding my sins, thou canst make me clean, and worthy, and forgive me my sins, and through thy power and mercy, I beseech thee, grant thy grace unto me a sinner, that I may worthily approach to this heavenly Sacrament, Give me grace before I presume to come to the receiving hereof, I may examine my self, call my sins to mind, and by unfained and hearty repentance return unto thee my Lord: make me with heavy sobs to confess my sins, and pardon all my offences: accept me into thy favour, cleanse me from my wickedness, and forgive me all my sins.

ſins. Pour into me a true and lively Faith, that I may alwaies truſt in thy Word, (annexed to the Sacrament) which promiſeth remiſſion of ſins. Alſo grant the receiving this thy Sacrament, I may put off the old man, which is corruption, according to the luſts of error, and be renewed in the Spirit of my mind, and put on the new man, which after God is created in righteouſneſs and holineſs of truth: and though by nature I cannot live without ſpots of ſin, yet ſo bleſſe me, that I may never willingly offend thee, but altogether depend upon thy goodneſs: and as a true penitent ſinner, repenting of my ſins, I may approach to thy Heavenly Supper. O Chriſt, which of thy unſpeakable love tookeſt our fleſh upon thee, and didſt become a Sacrifice and ranſome for all mankind, and ordainedſt this Sacrament

crament of thy Supper, unto thee
do I cry, beseeching thee from the
bottom of my heart, that it may
please thee to give me grace with
an earnest desire, and due reve-
rence to receive the Supper, and
thirstingly to seek for the nourish-
ing of my Soul. Lift up my mind
that in fear & in trembling, in Faith,
and spiritual comfort, I may ap-
proach to the receiving of thy pre-
cious body and blood, stir up in
me an unfained desire of this Hea-
venly food, that from thee the
bread of life, and fountain of Sal-
vation, I may receive vital juyce,
to the quickning of my Soul. O
most sweet bread, heal thou my soul
that I may taste the sweetness of
thy love, heal my infirmities, that
I may delight onely in thee: let my
heart eat thee, and with thy sweet
savour replenish the bowels of
my Soul.

Come

Come into my heart, and purge me from all my ſins: enter into my Soul, heal and ſanctify me within, and without. Grant that I may alwaies worthily receive this bleſſed Sacrament, and memorial of thy death, according to the Holy Ordinance, that it may increaſe in me all goodneſs. Be thou the Buckler, and perpetual defence of my Soul and body, that I may come into thy Kingdom where I ſhall behold thee face to face, whether Lord for thy mercies ſake bring me, Amen.

A thankſgiving after the receiving of the Holy Communion.

O Jeſus Chriſt which haſt vouchſafed ſpiritually to give me theſe Holy miſteries of thy body and blood, mortify whatſoever

is evil in me, and garnish me with thy graces and vertues: renew my spirit, my Soul, and my body with thy excellent grace. Frame me after thy own hearts desire, and grant that I may think, speak, do and desire all things that may please thee. Purge my conscience from dead works, to serve thee the living God. I thank thee with all reverence of mind, for bidding me a miserable sinner unto the participation of thy Holy Supper, and the receiving of all celestial riches, whereby thou bestowest on me particularly, all the merits and the good things, which by thy death thou hast purchased for me, that I may be a partaker & fellow heir of eternal blessedness. O sacred Banquet, where my Soul received such Heavenly dainties to comfort the Soul, and refresh the inward man, I humbly beseech thee

thee by thy moſt ſacred blood ſhed
for me, give me grace, that parti-
cipating of this viſible Sacrament,
I may find and feel in my heart the
inviſible working of thy heavenly
grace, that as this is ſome refresh-
ing to my body, ſo it may be a
ſpiritual medicine for my Soul.
Raiſe up in me by his bleſſed Sa-
crament, a continual remembe-
rance of thy bitter paſſion, make
me retain it in my mind, as a ſuf-
ficient ranſome on my Redempti-
on, let me never doubt of the for-
givenesſ of my ſins : and as often
as Satan aſſaileth me with his dead-
ly temptations, give me grace to
run to his Sanctuary, as to a ſtrong
armour of defence : ſo that no
tribulation, anguiſh, nor perfec-
ution, nakedneſs, perils, ſword,
life or death, ſeparate me from
Chriſt my head, whereupon being
made faſt by thy Holy Sacrament

received, I (as a living Member) depend: and let me know, that I am fed and nourished by thy flesh and precious blood, that washed therewith, I give not my self hereafter to carnal pleasures, but live in all sincerity and truth, as it becomes those that eat of the immaculate Paschal Lamb. And I beseech thee by thy bitter death, stir up my mind, that by often receiving this thy Holy institution, I may consider how bitter a death thou didst suffer for me, and how great thy love was, that made thee to take so shameful a death for the Redemption of mankind: and continually to yeeld thee hearty thanks for the same. O sweet Jesu, grant if I sin through frailty, that I may by and by come unto thee by repentance, and being by this Holy mystery fast linked unto thee, I may receive power and strength

K

from

from thee to reſiſt ſin. Suffer me
not to be ſeparated from thy
Church, but grane that I may be
without fault, and commit no ſin,
but walk worthy this Sacrament,
renouncing the Devil, all idolatry,
vice and carnal deſires. Let me
not fear to ſuffer, and give my life
for the glory of thy Name, that I
be never ſeparated from thee. Give
me grace, that laying aſide all
wrathfulneſs, maliciousneſs, and
envie, I may forgive every one as
thou haſt forgiven me. Give me
grace, that participating of the
bread of eternal life, I may be
replenished with the fruition of
thy bleſſed ſight, in the celeftial
Paradiſe for ever. And at my Re-
ſurrection from death, appoint me
a place, O merciful Lord, at thy
Heavenly Table, where I may taſte
the new Wine in the Kingdom of
thy Father, abiding with thy Elect
Angels,

Angels, and blessed Saints for ever-
more, Amen.

*A Prayer to make strong his Faith
against temptations, and may
be said by a sick
Person.*

O Lord Jesu, the onely stay and
defence of my innumera-
ble state: my onely hope and Salva-
tion: my glory and my triumph:
who in the flesh (which for my sake
thou tookest upon thee) didst suf-
fer thy self to be tempted of Satan,
and who onely and alone didst
overcome and vanquish sin, death,
the world, the Devil and the
Kingdom of Hell for me, and for
my behalf: and it is thy pleasure
that I should keep battel with
those evils, of purpose to reward
me with a Crown of glory for it.
Give me, I beseech thee, O Lion

most victorious, strength against the roaring Lion which continually wandereth up and down seeking whom he may devour; Thou being the Serpent that was nailed on high, the true giver of health, give unto me thy wisdom, to withstand the waiting of the most subtil serpent. Thou being a Lamb, as white as snow, the vanquisher of Sathans tyranny, give unto me one of thy sheep, the strength and vertue of thy Spirit: that through thy force and valour, I may withstand and overcome all the assaults of the Devil, that my ghostly enemy may not glory over me, but that I may conquer him through thee, and give thanks unto thee, which ever helpest those that trust in thee. My Soul, O Lord, longeth for thy Salvation, and I have a good and sure hope therein. O when wilt thou comfort me a sinner,

ner,

ner, that do give and submit my self full and whole to thy most blessed will? I commit my self unto thy mercy, therefore I know I shall not perish. I beseech thee most merciful Lord Jesus Christ, that thou wilt by thy grace, both now and ever make strong my Soul against all temptations, and cover and defend me with the buckler of thy mercies against all the assaults of the Devil. I acknowledge that in my self there is no hope of Salvation, but the hope, trust and confidence of my Salvation is in thy most merciful goodness: I have no goodness in me, but am full of evil; yet I trust, and faithfully believe that thou wilt make me good, forgive me my sins, and make me an inheritour of thine everlasting Kingdom. O merciful Lord, thou hast born, thou didst hunger and thirst, fast and pray,

thou didst suffer grievous pains,
 Thou gavest thy most precious bo-
 dy to die, and thy blood to be shed
 for my sake: let these things, O most
 merciful Saviour, save me: let thy
 blood cleanse and wash the spots
 and foulness of my sins: let thy
 righteousness cover and hide my
 unrighteousness: let thy passion
 and blood be a satisfaction for my
 sins. Take me, O Lord, unto
 thee, and give me thy grace, that
 my Faith waver not, but be ever
 firm and constant: that the hope
 of thy mercy and life everlasting
 never decay in me; that charity
 wax not cold in me, that the weak-
 ness of my flesh be not overcome
 with the fear of death.

And vouchsafe, O Lord, to send
 me patience and sufference, that I
 may stedfastly continue unto the
 End, & after live with thee in eter-
 nal glory, Amen.

A Prayer

A Prayer for a sick Person.

L And honour and thanks be
 given to thee most merciful
 Lord Jesus Christ, for thy Holy in-
 carnation, thy pains and bitter pas-
 sion. I know thou art my Redeem-
 er, and Saviour. I believe thou
 hast overcome sin, death, hell and
 the devil, so as they cannot hurt
 me. On thee do I build, in thee
 is my trust and comfort. O Lord
 be propitious and merciful unto
 me, according to thy great mer-
 cies. Leave me not, O Lord, in
 distress, but deliver me from all
 evil. Strengthen and conduct my
 Soul in the great journey that it is
 to go, and through thy mercy for-
 give me all my sins, and grant me
 everlasting life. I have no merits
 nor good works, which I may ac-
 knowledge before thee, but of evil

deeds and ſins I have many: yet I
truſt through thy mercy, to be
among the number of them that
ſhall be ſaved, to whom thou wilt
not impute their ſins, but take
them to everlaſting life, O moſt
meriful God, which according to
the multitude of thy mercies doſt
put away the ſins of thoſe which
truly repent, that thou remembreſt
them no more; open the eyes of
mercy, and look upon me thy ſick
ſervant; and pardon and forgive
me, I moſt earneſtly deſire thee,
all my ſins. Renew in me, moſt
loving Father, whatſoever hath
been decayed by ſin, by the fraud
and malice of the devil, or by my
own carnal will & frailty: preſerve
& continue me in the unity of the
Church: conſider my contrition, ac-
cept my prayers and tears, allwage
my pain; as ſhall be ſeen to thee
moſt expedient for me: and for
that

that I put my full trust onely in thy mercy, impute not unto me, I beseech thee, my former sins and offences, but pardon and forgive me, & take me into thy favour through the merits of Jesus Christ. I believe onely in thee, and thy incomparable mercy; and this Faith, O Lord, will I die in: keep me that I shrink not from thee, through pain, smart, impatience, temptation, or any thing else, but strengthen and increase my Faith, that sin, death, hell and the devil hurt me not, for thou art stronger and mightier than they, and in thee do I trust. O pitiful Physician, and healer of Soul and body, let me not be confounded in sin, but vouchsafe to cast thy merciful eyes upon me a poor and sinful creature, who am bound and captive with sickness: turn my weakness to thy glory, and my health

and comfort : and grant that
 I may so long as I live, with a true
 and perfect Faith, fight manfully
 against all temptations of sin,
 the flesh, the world and the Devil,
 and after this life reign with thee
 in eternal glory for ever and ever,
 Amen.

*A Prayer for a sinner, to be said at
 the hour of death.*

O Lord Jesus Christ which art
 the onely health of all men
 living, and the everlasting life of
 them that die in thee : I wretched
 sinner, do submit my self wholly
 unto thy most blessed Will : and
 being sure that the thing cannot
 perish which is committed unto
 thy mercy, willingly now I leave
 this frail and sinful flesh, in sure
 hope thou wilt in better wise re-
 store it to me again at the latter
 day,

day, in the Resurrection of the Just. I beseech thee, Lord Jesus Christ, that thou wilt by grace make strong my Soul against all temptations, and defend me with the buckler of thy mercy against all the assaults of the Devil. I see in my self no hope of Salvation, but all my trust is in thy rich mercy & goodness: I have no merit which I may alledge before thee: of sins and evil deeds, alas, I see a great heap, but I trust through thy mercy to be one of them that shall be saved, and to whom thou wilt not impute their sins, but wilt accept and take me for just, and make me an inheritour of everlasting life. Thou gavest thy body to die, and thy blood to be shed for my sins: let that thy blood cleanse and wash away all my spots, sins and offences, and be a full satisfaction for all my sins. Let not my Faith waver, but

but be firm and constant in thee;
and in the hope of thy mercy, and
life everlasting : and let not the
weakness of my flesh be overcome
with the fear of death ; but grant,
O most merciful Father , that
when death hath shut up the eyes
of my body, my Soul may still be-
hold & look upon thee : and when
death hath taken away the use of
my tongue and speech, my heart
may cry and say, O Lord into thy
hands I give & commend my soul
and with thy Holy Martyr *Stephen*,
I may behold thee in Soul, & say,
Lord Jesus receive my Soul unto
thee, which livest and reignest
God everlasting, with the Father,
and the Holy Ghost, Amen.

*An Exhortation to forsake
the World.*

TAke good Christian the memory of death for thy perpetual Spheer, and unseperable Spouse. Let thy children be bitter sighs of a sorrowful Soul, possess thy body as thy bond-man, fasten thy friendship with thy celestial powers; they will be patrons unto thee in thy final passage : remember you are in the waning, and the date of your pilgrimage is well neer expired, and now it behoveth you to look toward your Country, your force languisheth, your senses impair, your body droopeth, and on every side the ruinous cottage of your faint and feeble flesh threatneth fall. And having so many harbingers of Death, how can you but prepare for so dreadful a stranger ?

get? The young may die quickly, but the old cannot live long: the young mans life by casualty may be abridged, but the old by no Physick can be preserved. Green years must think of the grave, and the thoughts of old age should alwaies dwell in the same. Be mindful of things passed, careful of things present, and provident of things to come. Use the Priviledge of nature to the benefits of your Soul: Be wise in wel-doing, & watchful for your end; serve not the world, for it can give you nothing that is good and permanent, but of pride, envy, vicerbery, hate, ire, malice, folly, and all evil things infinite, where man is defiled with sin, disquieted with troubles, oppressed with labours, vexed in temptations, overcome with vain delights and pleasures of the world, and miserably wrapped in many calamities.

ties. It is Amassadour of the evil, a scourge of the good, a tyrant of the vertuous, a breaker of peace, a friend of war, a sweeper of vices, a gall of virtues, a friend of lies, an inventer of novelities, travel to the ignorant, a hammer for the malicious, a Table of gluttons, a fornace of concupiscence, a peril of the heare, a danger of the thoughts, a sepulcher of the dead, a person of the living, a pitfall to the rich, a burthen to the poor, a house of Pilgrims, a den of theeves, a slanderer of the good, a renower of the wicked, a deceiver of all. We have no cause to love the world, for it gave us unhappy welcome, a hurtful entertainment, and will abandon us with an unfortunate farewell. Also it doth torment us, expel us, and consume us, and Heaven doth comfort us, keep us, exalt us, rejoyce us,

us, and eternally continue us. You have too long sown in a field of flint, which could bring forth nothing, but a crop of care, and affliction of Spirit, rewarding your labours with remorse, & affording for your gain eternal dammage; it is time to leave so unthriving a husbandry, and to sow in Gods fields the seeds of repentant sorrow, & water them with the tears of humble contrition, so shall you reap a more beneficial harvest, and gather the fruits of everlasting comfort. Think your spring is spent, your summer overpast, you are arrived at the fall of the leaf, and winter colours have stained your hoary head. Though our loving Lord bear long with offenders, yet he will scourge them, and his patience is onely to lend us respite to repent, not leisure to sin. He that is tossed with many storms,

storms, and cannot come to his desired port, maketh little a way, but is much turmoiled: so he that passeth many years, and purchaseth small profit, hath a long being, but a short life. For life is more to be measured by vertuous actions, than number of dayes. Some men by many dayes procure many deaths. and others in a short space attain life everlasting. What is thy body without the Soul, but a corrupt carkass? And what is the Soul without God, but a sepulcher of sin? Man was made and sent hither to no other purpose, but onely to serve God in this life, and to enjoy Heaven, and life everlasting in the World to come. If our end be the Kingdom of Heaven, why affect we so much the Earth? if we were made for God, why seek we greedily the favour of worldly men? If our creation
be

be eternal Salvation, why follow we vanities and temporalities of this life? If our inheritance be to reign as King in Heaven, why do we like *Esau* sell away our birth-right for vanities before we have it? And why live we like servile slaves in danger to be divided from God and his Angels, from our Saviour Christ, and the communion of Saints, from hope of our inheritance, our celestial portion, and life everlasting? If God be the Way, the Truth and the Life, he that goeth without him strayeth, he that liveth without him dyeth, and he that is not taught by him erreth: God is our true and cheif life, from whom the revolting is falling, unto whom the returning is rising, in whom the staying is sure standing. God is he from whom to depart is to die, to whom to repair is to revive, in whom to dwell

dwel is to live. Be not you like those, that begin not to live till they be ready to die; and then after a foes desert, come to crave of God a friends entertainment, not in time looking for their Salvation, but living like the three wordly fools, the covetous; as he in the Gospel, who had laid up for many years, and that night had his Soull taken from him; the voluptuous, as *Sardanapalus*, who perished in the midst of his pleasures; the proud or fantastical, whom the Devil overcometh either with vain delights, or pride in themselves, who disdain his Superiours, because they are better than himself; his equals, because he is as good as they; his inferiours, because they are not so good as himself. Some think to snatch Heaven in a moment, which the best scarce attained in many years, and when they

have

have glutted themselves with worldly delights, they would jump from *Dives* his diet, to *Lazarus* Crown, and from the service of Satan, to the solace of a Saint. But be sure that God is not so penurious of friends, or his Kingdom saleable for the refuse and reversion of their lives, who have sacrificed the principal thereof to his enemies, and their own brutish appetites; then onely ceasing to sin; when ability of offending is taken from them: What thanks is it to pardon our enemies, when we cannot hurt them? To give away our goods, when we can keep them no longer: To abandon our pleasures, when we can use them no more? To forsake sin, when sin leaveth us? God may be merciful at the last gaspe, but miserable is that man that layeth the anchor of his eternal wealth

wealth or woe upon so uncertain a point.

The Thief may be saved on the Cross, and mercy found at the last, yet it is scarce credible, that his death should find favour, whose life earned wrath, or that his repentance should be accepted, that more for fear of hell, and love of himself, than for love of God, or loathsomeness of sin, cryeth for mercy, wherefore make no delay, but being near the breaking up of your mortal house, before extremity, take time to satisfy Gods justice. Though you suffered the bud to be blasted, the flower to fade, the fruit to perish, the leaves to dry up, the boughs to wither, and the body of the tree to grow to decay, yet keep life in the root, for fear least the whole become fuel for hell fire: for where the tree falleth, there it lyeth: and such
sap

sap as it bringeth, such fruit shall it bear. Imagine that death hath filled from you the better part of natural forces, & left you the lees of your dying dayes: Therefore ransom your former losses. You are impathed in your final voyage, and are not far from the period of your course, be not therefore dispurveyed of such things as are needful in so perillous a journey. Men in this life labour much to get worldly things, they do carefully begin them, will procure them, and effectually end them: But of the great affair of winning Heaven, or falling into Hell, there is had no respect; Neither do they remember that there is a Hell for sinne, a Heaven for good livers, a dreadful day of judgment, and a most strait account to be made, death it self is very fearful, but much more terrible in regard of the judge-

judgment whereupon it summoneth us. If you were laid on your departing bed, wearied and worn with dolour and pain, burthened with the heavy load of your former trespasses, goared with the prick and sting of a festred Conscience: if you felt the force of death wrestling your heart strings, ready to make the ruful divorce between body and Soul: if you lay panting for breath, sweating a fatal faint and mortal sweat, wearied with struggling against deadly pangs, O how much would you give for a dayes contrition, or an hours repentance! Then worlds would be worthless in respect of a little respite. Nothing would be so much esteemed as a trice of time, which now by months and years is lavishly mispent. O how deeply would it wound your hearts, when looking back into your life, you

you found many faults committed, and not repented; many good deeds omitted, and not recovered; your service to God promised, and not performed! How inconsolable were your case, your friends being fled, your senses frightened, your thoughts amazed, your memory decayed, your mind agast, and no part able to perform that it should, but onely your guilty conscience pestered with sin that would continually accuse you? What would you do when stripped out of mortal weeds, & turned out of service and house room of this world, you were forced to enter into uncouth and strange paths, and with an unknown and ugly company, to be convened before a most severe Judge, carrying in your own Conscience your indictment ready written, and a perfect Register of all your misdeeds

deeds, when you shall see our Saviour Christ, (a just and severe Judge, whose knowledge is infallible, his power infrangible, his justice inflexible) of exceeding dreadful Majesty, cloathed in linnen apparel, through which his body shineth like precious stones, his eyes like burning Lamps, his face like flashing lightning, his arms and legs like inflamed brass, his voyce as the shout of a multitude of people, prepared (for your idle words, evil deeds, time mis-spent, Talent evil governed, and for your sin committed) to pass the sentence upon you, against whom you had transgressed, and he your umpire, whom by many offences you had made your enemy, when you shall see all things cry for ven-

L geance

geance against you, all things
yield you cause of fear and hor-
ror. Above you the Judge offen-
ded with you for your wicked-
ness and offences: Beneath you,
Hell open, and the cruel fur-
nace ready to receive you: on
your right hand, your sins ac-
cusing you: on your left hand
the Devils standing ready to ex-
ecute Gods everlasting sentence
upon you: Within you, your
Conscience accusing: Without
you, damned Souls bewailing,
on every side the world burning,
and you stand as a most despe-
rate, forlorn and miserable
wretch, to receive the fearful
and irrecoverable sentence:
when not onely the Devils, but
also the Angels shall plead a-
gainst you, and your self, maugre
your self, be your sharpest ap-
peacher:

peacher : What would you do in these dreadful exigents, when you saw the ghastly Dungeon and huge gulfe of Hell breaking out with most fearfull flames ? When you saw the weeping and gnashing of teeth, the rage of these hellish monsters, the horror of the place, the rigour of the pain, the terror of the company, & the eternity of all these punishments ; where the fire is unquenchable, the pains unsupportable, easeless, endless and hopeless ? Our fire may be endured, that is intolerable ; ours is for comfort, that for torment ; ours must be fed or it goeth out, that burneth continually without feeding ; ours giveth light, that none ; ours consumeth the matter, and endeth the pains, that torment-

eth, but never consumeth, to make the pain perpetual? Our fire will be extinguished with water, or cooled with air, but nothing can extinct it, abate it, or qualify it : ours is but painted in regard of that. There idle persons shall be pricked with burning forks : Gluttons tormented with hunger and thirst : Epicures and Voluptuous persons shall boyl in burning pitch, and stinking brimstone : The proud shall have shame, the Covetous miserable penury, where there is no rest nor comfort, The Poor & Meek shall triumph and the proud shake ; then shall the wicked sigh, and the memory of mercy be sweet, The Godly shall rejoyce, the reprobate howl : Then shall base apparel be glorious, and proud attire
infa-

infamous : The poor Cottage shall be no more commended than the gilded Palace praised, simple obedience shall be better than subtilty, and a clear conscience more pleasant than profound Philosophy, zealous prayer shall be more worth than fine tales, good works more accepted than sweet words. Would you then think them wise that delay so weight matters, and idely play away the time allotted to prevent these intollerable calamities, would you then account it secure to nurse in your bosome so many Serpents as sins? or to foster in your Soul so many malicious accusers, as mortal faults? Would you not think one life too little to make repentance for so many iniquities, the least whereof is enough

to cast you into everlasting and unspeakable torments? On your body you shall experience those deadly agonies, in your Soul you shall find those terrible fears, and in that present estate the deepest danger, if you do not the sooner return unto God. Then devote the remnant of your dayes to make an attonement with God, and to free your conscience from such corruption, as by sin you are fallen into. What have you gotten by being so long a customer into the world, but false ware, futable to such a Merchants Shop, whose traffique is toyle, wealth, trash, and gain miserable? What interest have you reaped, that may equal your detriments in grace and vertue? Or what in a vale of tears can you find parageble

rageable to the favour of God? Let not youthful passions delude you, for time tries them follies: Let not fear mis-lead you, for there is more cause to fear God than man, and to stand in awe more, of perpetual, than temporal punishment. Who would rely eternal affairs upon the gliding slipperiness of uncertain life? O who but one of disordered wit, would offer fraud to the descipherer of all thoughts? with whom we may dissemble to our cost, but to deceive him it is impossible? Will you account it cunning to rob the time from him, and bestow it upon his enemies, who keepeth tale of the least minutes of our life, and will examine in the end, how each moment hath been employed? It is preposterous policy to

fight against God, until our weapons be blunted, our forces consumed, our limbs impotent, our best spent, and when we are fallen for faintness, and sought our selves almost dead, to presume of his mercy, whom we have so much offended. It were a strange and exorbitant course, while the Ship is sound, the Pilot well, the Sailers strong, the Gale favourable, and the Sea calm, to lye idle at rode, loosing so seasonable weather; and when the Ship leaketh, the Pilot sick, the Marriners faint, the storms boysterous, and the Sea turmолled with outragious surges, then to lanch forth, hoist sail, and set out for a fair voyage: Such are our evening repenters, who in the soundness of health, and perfect use of reason,

reason, cannot resolve to cut the Cables, and weigh the Anchors, that hold them from God, that when their senses are astonied, their wits distracted, their understanding dalled, and both body and mind tormented with gripes of mortal sickness, then will they think on these weightiest matters, and become suddain Saints, that are scarce like reasonable creatures. How can one animated with inward garboiles of unsetled conscience, distained with fits of dying flesh, maimed in all his habilities, and circled with so many strange incumbrances, be fit to dispose of his chiefest Jewel, his Soul: and to dispatch the whole Manage of all eternity & treasure of Heaven, in so short a spurt? They that will loiter in

seed-time, and begin to sow when others reap; They that will riot in health, and cast their accounts when they cannot speak: they that will sleep in the day, and journey in the night, let them blame their own folly, if they die in debt, and fall head-long into eternal perdition.

Let the grief of your sore be the measure of your sorrow. Let a deep wound have a diligent cure, let their contritions be according to their crime, and their repentance like their sins. We must pass the day in mourning, the night in watching and weeping, our whole time in doleful lamenting, fall prostrate on the ground, humbling our selves in sack-cloth and ashes. Not every short sigh will be a sufficient

ent satisfaction, not every knock
a warrant to get in : many cry,
Lord, Lord, and are not accept-
ed. The foolish Virgins knock'd,
but were not admitted : *Judas*
had sorrow, yet dyed desperate.
Linger not off thy conversion
from day to day, for suddainly
will his wrath come and destroy
thee. Let no man sojourn long
in sinful security, nor put over
his repentance till fear inforce
him to it. Let us frame our be-
ginning as we mean to end, and
endeavour to live as we desire
to dye. Shall we offer the main
crop to the Devil, and leave
God the gleanings ? Shall we
gorge the Devil with our fairest
fruits, and turn God to feed
on the scraps of his leavings ?
If Hell fire were prepared for
the Devil, and the Kingdom
of

of Heaven for Man, let us then provide for our selves, and not lose our inheritance by persisting in sin. So long as we live, it is possible by unfeigned repentance to wash away all our sins, how great soever, but when we are dead, albeit our teeth do gnash, our mouths cry out, our eyes gush forth tears, and our hearts from the very bottom of them, lament with innumerable complaints, it shall not avail us, no man shall hear us, no man shall assist us, nor so much as comfort us; then shalt thou find that thou hast lost all thy labour and time, and all opportunity at thine own commodity: Thou shalt then find thy error unrecoverable, thy punishments unsupportable, thy repentance unprofitable, and thy grief, sorrow

sorrow

row and calamity inſoluble.

○ that we would ſuffer the Soul
(as ſhe ſhould) to have the ſove-
raignty, and the body follow the
ſway of her directions, & not let
ſervile ſenſes, and lawleſs appe-
tites rule her as ſuperiors, & make
her a Vaſſal in her own Domi-
nions, not ſuffer her to be miſſed
by her three Sutors? The world,
which promiſeth all fair things
and beautiful, but will ſerve you
as *Laban* did *Jacob*, who promiſed
him fair *Rachel* for his ſervice,
but deceived him with blear-ey'd
Leah: The fleſh, who pretendeth
nothing but love unto her, but if
it overcome her, it will betray
her to her enemy, as *Dalila* did
Sampſon unto the *Philiftines*:
the Devil, who will promiſe her
all the world as he did *Chriſt*, but
if he win her he will devour and

tor-

torment her. Dost thou not desire to have all things good, as good Houses, good Furniture, good Apparel, good Fare, good Cattel? Yea, and thy hose and shooes good? Onely thy poor Soul, thy principal charge (and of all things worthy to be the best) thou art content shall be the worst, and lie cankering and rusting in all kind of evils. O unspeakable blindness that refuse to wear an evil shooe, and do not care to carry an ugly and deformed Soul: alas! let us not set so little by that which God priset h so much, nor rate our Soul at so base a penny-worth being of so peerless dignity.

If the Soul be so inestimable, that not all the gold and treasure, nor any thing of less price than the blood and life of Almighty

mighty God was able to buy it: if not all the dainties that Heaven and earth could afford, but onely Gods own precious body was deemed, a repast fit to feed it: If not all the creatures of this, or millions of new worlds, if they were, but onely the illimitable goodness and Majesty of God, can satisfy the desire, or fill the compass and capacity of it, (for who is so insensible, that findeth not the insatiety of his Soul?) who but of perverse will, incredulous mind, or pitiless spirit, would set more by the world, than his Souls health: or suffer so noble a Paragon, so many months and years to ly channelled in ordure, and mired in all sin? We will seek a Physitian for our sick servant, have a Leech for our diseased horse, and mend

mend our torn garment, and we suffer our Souls to die for want of cure, and seeing it mangled with many vices never seek to restore it to the wanted integrity. Is our servant more near, our beast more precious, or our coat more dear than our own Soul? We live like Epicures, we sin like Atheists, we struggle and strive against Gods callings, and like violent Rebels, scorn his Commandements; and with daily and damnable wounds barbarously stab our unfortunate Souls: this we account no contumely, we reckon it no discredit, but rather register it for our chiefest praise. How long wilt thou thus follow vanities & sins, running carelessly and wilfully into your own ruine? Dare you not suffer a Spider or a Toad

to

to come near you, and can you
nestle in your Soul so many vi-
pers as vices, and permit it to be
so long chewed, and wearied
with the poysoned jawes and
rasks of the Devil? Is our Soul
so vain a substance to be had in
so little esteem? Did Christ be-
come a wandring Pilgrim, exi-
ling himself from the comfort of
his Godhead, and passing thirty
three years in pain and penury
for our Souls: he suffered the
tragedy of his passion, bloodily
inflicted; & patiently accepted,
he made his body as a cloud to
dissolve into showers of inno-
cent blood, and suffered the
dearest veins of his heart to be
launched, to give a full price for
our Souls redemption. If Christ
did redeem us with so excessive a
ransome, why sell we our Souls
to

to the Devil for every vain delight, and silly pittance of worldly pelf? O that a creature of so incomparable a price should be in the demain of so unnatural keepers: and that which is in it self so gracious and amiable, that the Angels and Saints delight to behold it, should by sin be made so loathsome, as to become a horror to Heaven, and suitly Pheer for the foulest fiends? We must remember our Soul is not onely a part of us, and the most principal, but also the Temple, the Paradise and Spouse of Almighty God, by him in Baptism garnished, stored and endowed with most gracious ornaments. How will he take it to see his Temple prophaned, and turned to a den of Devils? His Paradise displanted, and made a wilderness

derness of Serpents? His Spouse
deflowered, and become an adul-
teress to his enemies? durst we
offer such usage to our Princes?
Would not the fear of the Law
and popular shame keep us from
it! and shall not the reverent
Majesty of Almighty God, and
the unrebated justice of his an-
gry sword terrify us from offer-
ring the like to his own Spouse.
Will he that keepeth account of
our very hairs, see himself so
much wronged in the principal,
and pass it unpunished? Re-
member it is a thing full of hor-
rour to fall into the hands of
God, who is able to crush the
proud spirits of the obstinate,
and make his enemies his foot-
stool. Wrestle not against the
cries of your own Conscience,
but live so, as he may willingly
go

go with you, and before the Throne of God answer for you.

There was a man had three friends, two whereof he loved most intirely, the third he made no great account of: This man being sent for to come before his King, came and desired his first friend to go with him, but he would not go with him, but brought him part of his way: He went to the second friend, & desired him to go with him, but he could not, but gave him something for a remembrance, he went unto the third friend of whom he made no account or reckoning, and he went with him to the King, and answered for him in all matters whatsoever.

So man in this world being sent for by death, comes to his Wife, Children, or Friends to go with him.

him, but they will not, but bring him to his grave : Then he desires his goods and substance to go along with him ; they cannot ; yet they can give him a sheet : But his Conscience will go with him, and answer for him before the Throne of God. Have therefore a care to keep a good Conscience, and provide beforehand, as this King, of whom I tell you, did.

There was a Countrey where the Commons chose their Kings, and again at their pleasure banished him into a far Countrey almost naked. One more wiser than others, as soon as he was chosen King, he sent daily and continually something into the other Countrey, so when his own people banished him from them, he was (having made a
good

good preparation before) most Princely and Royally received there.

So let us provide in this world, that we may be joyfully received into Heaven : If you would avoid vain pleasures, cast away worldly cares, think on celestial things, regard your Salvation, and now in life lay up treasure in Heaven, and provide to be received into everlasting joy, what a quiet Conscience should you have : What a joy should you feel in your Soul ? Set then your mind on God, account yourself a Pelgrim on earth, leave the affairs of the World, for this is no abiding place. For small wages men run far, for little money men shamefully contend, and weary themselves night & day, and for mean profit labour long:
but

but for eternal life, goods immutable, reward inestimable, honour endless, and immortal glory, few will take any pains, or step out of doors; God is the way inviolable wherein we must walk, the truth infallible whereunto we must trust; and the life everlasting whereunto we must hope; therefore embrace mercy before the time of rigour, & return thy repentance, least he bar you his Kingdom, you have been too long in the tabernacle of sinners, and stray too far from the fold of Gods flock, turn the bias of your heart to the City of Refuge, and your Salvation: recompence your steps trodden in folly, with a zealous Progress to Christian Profession; your Spring-tide is fallen, the stream of your life runneth at a low Ebb,

Ebb, your tired ships begin to leak, and grate on the gravel of your grave, it is high time to strike sail, and put in to harbour, lest some suddain gust, and the wicked weather of this time, dash you on the rocks of eternal ruine: tender the pitiful estate of your own Soul, and be hereafter fearful of Hell, and more eager of Heaven then of worldly repose. I must conclude, unless I be too tedious, in a matter that deserves to be endless, for the misery of the Soul is so great if it fall, the reward is so excessive if it stand, the enemy so malicious that assault it, the Judge so just that must proceed upon it, that to raise it from the lapse, and to preserve it from recidivation, no number of helps can be more than needful, nor any perswa-

perswasion more vehement than necessary.

Howsoever therefore the soft gale of your morning pleasure lulled you in slumbring fits : howsoever the violent heat of noon might stir up your affections, yet in the cool and calm of the evening retire to a Christian rest, & close up the day of your life with a clear Sunset, that leaving all darkness behind you, and carrying into your Conscience the light of grace, you may escape the horreur of an eternal night, and pass from a mortal day to an everlasting morrow, which the Lord grant for Jesus Christ his sake, Amen.

M

A Per-

A Perswasion not to fear
DEATH.

MA N was made to die,
 begotten to dye, born
 to dye, and came into
 the world to dye, and
 none ought to desire to live:
 Nothing is more sure than
 Death; nothing more uncertain
 than when, where or how:
 None have reason to regard the
 world, wherein we have nothing
 good and permanent, but a vale
 of vanity and vexation of mind,
 (*quis nemo sua sorte contentus*)
 no man is content with his own
 estate. It is a vital labyrinth, and
 confused chaos, affording us no-
 thing but fraud, folly and fleshly
 sensuallity. All things in it of-
 fend us: the Fire burns us; the
 Water

Water drowns us : the Heat grieves us : the Cold hurts us : the Day is toylsome, the night uncomfortable, and we can endure no dolorous thing, so the time we live in this world, cannot be accounted life, but a living death. Our wretched remaining here is such that our time daily diminisheth, and our troubles increaseth. All that have been born, are born, or shall be born, are in this life miserable, all crost with cares, some with loss of friends, some of children, some of goods, some oppressed with foes, some abused with Backbiters & Slanderers, their credits blemished, their reputation scandalized, and substance consumed, and there is none but are with something disturbed. There is no calling so holy, nor place so soli-

tary, but you shall find there troubles to try you, and adversity to disquiet you. So there is no man from the King in his Throne, to the Captive in Chains, but doth taste of misery, and many discontents. Who (therefore to free himself from worldly sorrowes) would fear, but rather desire Death, which makes us happy? for thereby we avoid the intolerable troubles on the earth, and enjoy perpetual bliss in Heaven. Since then Death is the end of misery, who would desire to live ever in labours and perils? Death is nothing but a severing of the soul from the body, and freeing it from the servile bonds of the vain flesh, and removing us from evil to good. Death is but the passing from the vale of tears, to the place of
all

all happy beatitude in the celestial Mansion, accompanied with Holy Saints, and Heavenly associates; it is no loosing, but a changing of a bad place for a better: Which every one ought to desire.

Priamus was blest with the Kingdom of the famous City of *Troy*, a good Wife and fifty Children, and had what joyes might be desired, yet he saw his Wife & Children slain, his City sackt, and himself was killed at *Joves* Alter: how happy had he been if he had died before those dayes; for in lieu of worldly troubles, he had reaped eternal glory! Good men should emitate the Swan, *Apollo's* Bird, which in the world ever mourneth, but when it is ready to dye, as knowing the goodness of Death, it

M 3 singeth.

singeth. As in sleep our body is free from labour: so our Soul by Death is delivered from all dolours. It is therefore good to dye, but many doleful dayes do we endure before we find that happy hour wherein we shall enjoy all perpetual pleasure. Wise men should not feare death; for nothing is better then death: no life can be long, and it is often by casualty abridged. What more pleasing thing can there be than death? It doth wholly disburthen us of all care, all grief, all solicitude, all sorrow, freeth us from all vexation whatsoever. The Dead rest in a sure Haven, and we living, sail in a raging Sea. The good dyeth not, but liveth, & the evil living dyeth, and as the Heathen Philosophers said; All those that live purely
and

and justly, and not contaminate themselves with sin, are either made Gods, or go easely to the Gods. The dead have rest in Heaven, and we with the living have pain and trouble in the world. It is therefore a joy to dye, to be delivered from the thralldom of this sorrowful life, for they have all the pleasure may be invented, that are out of this woful world. Being here we must dye, and being in Heaven, we live eternally; there is no pain but pleasure, no sorrow but solace, no sighing but singing, no fear of death, but sure of everlasting life, ever enjoying such inestimable joyes as no eye hath seen, nor ear heard, or heart comprehended. In this life we know not what glory meaneth, and after Death we shall not

know what pains are. God knows those that serve Him, those that offend Him, those that love Him, those that hate Him, those that praise Him, those that Blaspheme Him, those that thank Him, those that are unthankful, and is better pleased with obedience than Sacrifice. There is nothing so good as the end of this life, for Death is the true refuge, the perfect health, the sure haven, the full victory and final finishing of all terrestrial troubles. It is a thing inheritable, an eternal sleep, a dissolution of the body, a terrour of the rich, a desire of the poor; a Pilgrimage uncertain, a Thief of men, a shadow of life, a Sepulcher of the living, a companion of the dead, a dissolution of all, the rest of travels, the

the end of idle desires and vain delights, the scourge of evil, the reward of the good, the final end of all flesh; of all those infinite number that are dead, none ever returned to complain of death, and of those few that live, most complain of life. There is no King, Prince, Poor, Sick, or Whole, nor any Vocation contented, but the dead in their Graves are in peace and rest, and though we have sorrow and vexation in life, yet we shall have Joy and Consolation after Death.

O happy are they that die well;
For it is less evil to suffer a speedy death, than endure a discontented life: for by death we are freed from mundane travels, and enjoy heavenly pleasures. There is nothing in this life worthy of

love, nor any thing in death we need to fear. As all things before the first day were eternal, without day or year, so all things shall be eternal after the judgement: As we had nothing before our birth, so we shall possess nothing after our Death. What blindness is it then to love any thing in this life, seeing we can carry nothing with us at our death? *Callimachus* living in all delight, and reading *Plato's* Book against death, cast himself into the Sea. *Cironis* read such Lessons to despise death, that many of his hearers (being Heathens) killed themselves. *Diogenes* desired to dye, but cared not for burial. *Lampsacus* dying, was demanded where he would be buried, he answered, where they would: for the way to Heaven.

Heaven was every where. *The-
xaminus* dyed with a worthy
mind; for being commanded to
Death by thirty Tyrants, he took
the poysoned Cup and thirsting-
ly drunk it off; and then laugh-
ing at them for so pleasuring
him, said, they made him happy
by putting him to death; with
the like mind died the worthy
Gracchus. So dyed the famous
Spartane; and greatly rejoyced
he should be dissolved from the
bondage of the World. When
it was told *Lucius* his Son was
slain at the wars, he rejoycing
said, To that purpose I begot
him. The like answer made the
Roman Matron, when she heard
her Sons were slain; she not
forrowing, said, I am glad I
bore them to die so worthily for
their Country.

Cressphon-

Cresphontus ran to his death to deliver his Country: *Curtius* leapt into the gulf to preserve *Rome*; *Scavola* lost his hand to save the City: *Menecus* killed himself to free his native soil: so did *Harmitus*, *Codrus*, *Aristogiton*, *Epaminondas*, and divers others. The Temple at *Delphos*, where the Oracle of *Apollo* was, for want of reparations fell down to the ground, then *Triphon*, & *Agamedo*, two noble persons of *Greece*, wise and rich, as well with the labour of their persons, as great expence of their goods, built the Temple again; when it was fully finished, *Apollo* said to them, he well remembred their good service, and willed them to demand any thing in reward thereof, and it should be granted: They

They said, miserable man hath not power to eschew the evil, or chuse the good, and therefore they desired him to give them the best thing might be given to man, and most profitable for man: *Apollo* said, they should have their demands, then they at the Gates of the Temple fell down dead, so the reward of their travels was to take them out of the misery of this life.

Saint E D W A R D, King of *England*, much revered Saint *John*, and one day coming from *Westminster* from service, a poor man came to him, and desired him for Saint *Johns* sake to give him something: the King gave to him his Ring off his finger: within few dayes after, two Pilgrims coming from *Jerusalem*, within two miles of it, met a poor

poor man; who asked them what Country-men they were, they said English-men; he then said to them, when you come home, I pray you tell King EDWARD, that Saint *John* doth thank him for the Ring he gave for his sake: and gave them a Ring, and desired them to deliver it unto the King, and tell him, that Saint *John* sent it him, and the richest gift that could be given to man, that is, the twelfth day after the receipt thereof, he should be in Heaven: the Pilgrims received the Ring, and departed: by and by they were so heavy, they were enforced to lye down and sleep, when as they awaked, they found themselves in another Country, and demanding of a Shepherd where they were, found they were in *Kent* in *England*, then

then they went to the King, being Christmas Even, and delivered the King the Ring, and the Message, which the King received, fell sick on Saint *Johns* day, and dyed on twelfth day.

The *Greeks* had a custom, that when they offered any Sacrifice, the Priests and Officers of the Temple were carried; for if their feet touched the ground, they might not offer Sacrifice. It chanced that a holy Nun of the Goddess *Juno*; going in her Chariot to the Temple, the beasts that drew it dyed, when she was ten miles from the Temple, which her two Sons, *Cleobis* and *Biton*, seeing, and knowing that their Mother must not go on foot, and that there were no other beasts to be gotten, yoked themselves & drew the Chariot with their Mother to the Temple:
every

every one praised them greatly for it, and said they deserved to be recompenced with great rewards. After the Feast ended, their Mother desiring to requite their kindness, with tears besought the Goodness *Juno*, to give her Children the best gifts the Gods could give to their friends; which the Goddess promised she would do before the next morning: They going to sleep at night, were the next morning both found dead: then their mother bitterly wept, and complained of the Goddess; the Goddess said, she had no cause to complain, for she had given her that she did demand; and I have at that instance given thy Children (quoth she) that which we hold most dear, which is Death. For the greatest revenge we take of our enemies,

is to let them live long, and the best thing we can give to our friends, is to make them dye quickly. For of all us together taught King *Midas*, *Optimum est homini, aut non omnino nosci, aut quam primum mori* : it is the best thing for man, either never to be born, or dye very soon. We are here strangers, and inclosed as prisoners in a castle, but by Death we shall be freely delivered from thraldome, & go to our own Country. Seeing then death is the best thing that can be given to man, let us have a care to crave it, and live Godly and vertuously, that we may joyfully have it, to free us from this place of imprisonment, and seat us in our everlasting and Heavenly Habitations; whither good Lord bring us all, Amen.

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